



DECEMBER 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 9:00 Strength Ex. (HWC) 6:30 Games (HI)	2 6:00 Puzzles (LIB)
3 Candlelight Dinner Doors open 4:30pm 6:00 Games On your own (HI)	4 9:00 Cardio Ex. (HWC) 1:30 Bible Trivia/ Games (HI) 6:00 Dominoes/ Cards (HI)	5 9:00 Kroger (LB) 9:00 Balance Exercise (HWC) 2:30 Table Topics & Tea(HI)	6 Blood Drive Marguerite's 9:00 Stretch & Relax (HWC) 1:30 Tai Chi (HWC) 2:30 Pickleball (HWC) 2:30 Movie & Popcorn (HI)	7 9:00 Dance Fitness (HWC) 9:30 Women's Coffee & Mani(HI) 2:00 Knit & Crochet (LIB) 2:00 Bingo w/ Interim (HI) 2:00 Knit/ Crochet (HI)	8 9:00 Strength Ex. (HWC) 6:30 Games (HI) 	9 6:00 Puzzles (LIB)
10 6:00 Games On your own(HI)	11 9:00 Ex. on own (HWC) 1:30 Bible Trivia/ Games (HI) 1:30 Cardio & Coordination Exercise(HWC) 6:00 Dominoes/ Cards (HI)	12 9:00 Kroger (LB) 9:00 Balance Exercise (HWC) 1:30 Resident Assoc (MR)	13 9:00 Stretch & Relax (HWC) 1:30 Tai Chi (HWC) 2:30 Pickleball (HWC) 2:30 Movie & Popcorn (HI) 	14 9:00 Dance Fitness (HWC) 12:00 Birthday Dinner (MR) 1:30 Bday Entertain (CH) 2:00 Knit & Crochet (HI) 	15 9:00 Strength Ex. (HWC) 5:00 Dinner Special (MR) 6:30 Games (HI)	16 6:00 Puzzles (LIB)
17 6:00 Games On your own(HI)	18 9:00 Cardio Ex. (HWC) 1:30 Bible Trivia/ Games (HI) 1:30 Cardio & Coordination Ex. (HWC) 6:00 Dominoes/	19 9:00 Kroger (LB) 9:00 Balance Exercise (HWC)	20 9:00 Stretch & Relax (HWC) 1:30 Tai Chi (HWC) 2:30 Pickleball (HWC) 2:30 Movie & Popcorn (HI)	21 1:30 Birthday Dinner Entertainment (CH)	22 1:00 Christmas Cheer W/ Bobby (AR) 6:30 Games (HI)	23 6:00 Puzzles (LIB)
24 6:00 Games On your own(HI)	25  MERRY CHRISTMAS	26 9:00 Walmart(LB) 2:30 Table Topics & Tea(HI)	27 9:00 Stretch & Relax (HWC) 1:30 Tai Chi (HWC) 2:30 Pickleball (HWC) 2:30 Movie & Popcorn (HI) 	28 9:00 Dance Fitness (HWC) 9:30 Women's Coffee & Mani(HI) 2:00 Knit & Crochet (HI) 	29 9:00 Strength Ex. (HWC) 1:00 NYE Party(AR) 6:30 Games (HI)	30 6:00 Puzzles (LIB)
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