


JANUARY 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
			<p><i>Write it on your heart that every day is the best day in the year.</i></p> <p>HAPPY NEW YEAR 2016</p>		<p>1</p> <p>FRIENDS & FAMILY VISIT</p>	<p>2</p> <p>10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)</p>
<p>3</p> <p>9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)</p>	<p>4</p> <p>9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (AR) 6:00 Bridge (AR)</p>	<p>5</p> <p>9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Paint a Snow Scene (AR) 2:00 Sit & Be Fit (FC) 3:00 Polish Poker (AR) 6:00 Pinochle (AR)</p>	<p>6</p> <p>Wheel Of Fortune Premiered</p> <p>9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling League (AR) 2:00 FUNctional Fitness (FC) 2:30 Wheel of Fortune (AR) 3:30 Chapel Trivia (CH) 3:30 Book Group (CR) 6:00 Euchre (AR)</p>	<p>7</p> <p>9:00 CVS/Banking (LB) 9:00 Baking w/ Kelly (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (AR) 1:30 Left, Right, Center (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)</p>	<p>8</p> <p>Fast Food Friday</p> <p>9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Big Lot's (LB) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 12:00 White Castle (LB) 2:00 Arthritis Exercise (FC) 1:30 Bingo (AR) 2:30 Bean Bag Toss (AR)</p>	<p>9</p> <p>10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)</p>
<p>10</p> <p>9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)</p>	<p>11</p> <p>9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (AR) 6:00 Bridge (AR)</p>	<p>12</p> <p>9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Resident Association (AR) 3:00 Polish Poker (AR) 6:00 Pinochle (AR)</p>	<p>13</p> <p>9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 10:00 Wacky Bingo (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)</p>	<p>14</p> <p>9:00 CVS/Banking (LB) 9:00 Baking w/ Kelly (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (AR) 1:30 Left, Right, Center (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)</p>	<p>15</p> <p>Frozen Harbor Fest 2016</p>	<p>16</p> <p>10:00 Bingo (AR) 1:00 Wii Bowling (LB) 1:00 Cards (DR) 6:00 Movie (LB)</p>

JANUARY 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
17 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	18 Martin Luther King Day 	19 National Hot Tea Day 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Tea Tasting Party (AR) 2:00 Sit & Be Fit (FC) 3:30 Polish Poker (AR) 6:00 Pinochle (AR)	20 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	21 9:00 CVS/Banking (LB) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (AR) 10:00 Kroger (LB) 11:00 Rosary (CH) 11:30 Blood Pressures (AR) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	22 9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Movie & Lunch (LB) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 2:00 Arthritis Exercise (FC) 1:30 Bingo (AR) 2:30 Balloon Volleyball (AR)	23 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)
24 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	25 9:00 Chair Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Flex (FC) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (AR) 6:00 Bridge (AR)	26 9:00 Yahtzee (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 12:00 Men's Lunch (LB) 1:30 Make a Door Hanger AR) 2:00 Scattergories (AR) 2:00 Sit & Be Fit (FC) 3:30 Polish Poker (AR) 6:00 Pinochle (AR)	27 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Mall Trip (LB) 10:00 Wacky Bingo (AR) 11:30 Stretch & Flex (FC) 1:00 Polish Poker (AR) 1:15 Wii Bowling (AR) 2:00 FUNctional Fitness (FC) 2:15 Name that Tune (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	28 9:00 CVS/Banking (LB) 9:00 Baking w/ Kelly (AR) 9:00 Better Balance (FC) 10:00 Men's Coffee Hour (AR) 10:00 Kroger (LB) 10:00 Crossword (AR) 11:00 Rosary (CH) 11:30 Blood Pressures (AR) 1:30 Afternoon w/Author (AR) 2:00 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	29 9:00 Cardio Strength (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 9:30 Fruit Market Friday(LB) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 2:00 Arthritis Exercise (FC) 1:30 Bingo (AR) 2:45 Movie & Popcorn(AR)	30 10:00 Bingo (AR) 1:00 Wii Bowling (AR) 1:00 Cards (DR) 6:00 Movie (LB)
31 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)						

AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room

All Events Subject to Change.

Please be sure to Sign-Up for all excursions in lobby.

