

AUGUST 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 10:00 Read the News (AR) 11:30 Stretch & Relax (FC) 1:00 Quick trip/Ice cream (LB) 1:30 Sing along w/Sherry (AR) 2:15 Crossword (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	2 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:00 Walgreens (LB) 1:30 Brain Games (AR) 2:15 Crossword (AR) 2:30 Sit & Be Fit (FC) 6:00 Pinochle (AR)	3 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Kroger (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Brain games (AR) 2:15 Yahtzee (AR) 2:00 Village Games (FC) 3:00 Communication Mtg(AR) 3:00 Chapel Trivia (CH) 6:00 Leader Dog (AR) 6:00 Euchre (AR)	4 TEEPA SNOW PRESENTATION (CH) 11:00 Rosary (on your own) 2:30 Sit & Be Fit (FC) 6:00 Pinochle/Bridge (AR)	5 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Relax (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	6 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
7 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	8 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	9 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Paint Furniture (AR) 2:30 Sit & Be Fit (FC) 6:00 Pinochle (AR)	10 8:15 Breakfast w/Chaplain(LB) 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Brain games (AR) 2:15 Sing along w/Sherri (AR) 2:00 Core on the Floor (FC) 3:00 Chapel Trivia (CH) 3:00 Book Group(AR) 6:00 Euchre (KH)	11 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 1:30 Balloon Hockey (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 4:45 Dance Ministry (CH) 6:00 Pinochle/Bridge (AR)	12 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:30 Picnic (LB)	13 MUSIC BY THE BAY 10:00 Bingo (AR) 4:45 Music By the Bay(LB) 6:00 Movie (LB)
14 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	15 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 9:00 Armada Fair (LB) 10:00 Chicks w/Sticks (AR) 11:00 Stretch & Relax (FC) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	16 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Paint (AR) 2:30 Sit & Be Fit (FC) 6:00 Pinochle (AR)	17 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Brain Games (AR) 2:00 Village Games (FC) 2:15 Sing Along w/Sherri (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	18 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain(CH) 2:30 Sit & Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	19 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 4:00 Snug Theater/Dinner(LB)	20 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)

AUGUST 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
21 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	22 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (FC) 1:30 I love Lucy (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	23 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Paint Furniture (AR) 2:30 Sit & Be Fit (FC) 6:00 Bridge (AR)	24 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/Neil(AR) 10:00 Huron Lady Cruise (LB) 11:30 Stretch & Relax (FC) 2:00 Core on the Floor (FC) 2:15 Sing Along w/Sherri (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	25 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 1:30 Show & Tell (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	26 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 11:00 Crossword (AR) 11:30 Stretch & Flex (FC) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:45 Happy Hour (AR)	27 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
28 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	29 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (FC) 1:00 Quick Trip/Ice cream (LB) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH)	30 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:45 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Brain Games(AR) 2:15 Crossword (AR) 2:30 Sit & Be Fit (FC) 6:00 Pinochle (AR)	31 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Mall Trip (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (FC) 1:30 Yahtzee (AR) 2:00 Village Games (FC) 2:15 Sing Along w/Sherri (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)			



AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room

All Events Subject to Change.

Please be sure to Sign-Up for all excursions in lobby.