

AUGUST 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1 9:00 Cranbrook (LB) 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Summer Art (AR) 2:30 Arthritis Exercise (AR) 3:00 A Call to Joy (CH) 6:00 Pinochle (AR)	2 National Ice Cream Soda Day 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 10:00 Bingo (AR) 10:00 Chaplain Time (CH) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Sing Along & Soda (CH) 2:30 Balloon Volleyball (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR) 6:30 Leader Dog (AR)	3 National Watermelon Day 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Chaplain Time (DR) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 Trivial Pursuit (AR) 2:30 Arthritis Exercise (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH)	4 9:00 Mandala Coloring (AR) 9:00 Core Training (CH) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Crossword (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 2:30 Balloon Volleyball (AR)	5 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 1:30 Sing-a-long (AR) 2:15 Cover that No(AR) 6:00 Movie (LB)
6 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	7 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Chapel Time (CH) 10:00 Chicks w/Sticks (AR) 10:00 Craft w/Anita (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Scattergories (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	8 8:30 Eastern Market (LB) 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Emoji Door Hanger (AR) 2:30 Arthritis Exercise (AR) 3:00 A Call to Joy (CH) 6:00 Pinochle (AR)	9 7-10:30am Omelet Station(DR) 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 10:00 Bingo (AR) 10:00 Chaplain Time (CH) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Sing Along (CH) 2:30 Balloon Volleyball (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR) 6:30 Leader Dog (AR)	10 Emoji Day 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Chaplain Time (DR) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 Emoji Party (AR) 2:30 Arthritis Exercise (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH)	11 Pet-a-Pet 9:00 Mandala Coloring (AR) 9:00 Core Training (CH) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Crossword (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 2:30 Balloon Volleyball (AR)	12 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 1:30 Sing-a-long (AR) 2:15 Cover that No(AR) 4:30 Music by the Bay(LB) 6:00 Movie (LB)
13 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	14 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Chapel Time (CH) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Scattergories (AR) 2:30 Wii Bowling (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	15 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Brain Games (AR) 2:30 Arthritis Exercise (AR) 3:00 A Call to Joy (CH) 6:00 Pinochle (AR)	16 International Tell A Joke Day 9:00 Tai Chi (CH) 9:00 Mandala Coloring(AR) 10:00 Bingo (AR) 10:00 Chaplain Time (CH) 11:00 Mens/womens lunch(LB) 11:15 Stretch & Relax (AR) 1:30 Tell a Joke (AR) 2:30 Balloon Volleyball (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	17 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 2:30 Arthritis Exercise (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	18 Creamsicle & Cocktails Day 9:00 Mandala Coloring (AR) 9:00 Core Training (CH) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Crossword (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 2:45 Happy Hour (AR)	19 7:30 Selfridge (LB) 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 1:30 Sing-a-long (AR) 2:15 Cover that No(AR) 6:00 Movie (LB)

AUGUST 2016



Sun	Mon	Tues	Wed	Thu	Fri	Sat
20 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	21 9:00 Breakfast w/ Chaplain (AR) 9:00 Core Training (CH) 10:00 Chapel Time (CH) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Bingo (AR) 2:30 Wii Bowling (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	22 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 11:30 New Balt. Senior Ctr (LB) 1:30 Brain Games (AR) 2:00 Alzheimer's Support (CH) 2:30 Arthritis Exercise (AR) 3:00 A Call to Joy (CH) 6:00 Pinochle (AR)	23 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 10:00 Bingo (AR) 10:00 Chaplain Time (CH) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Sing Along (AR) 2:30 Balloon Volleyball (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	24 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Chaplain Time (DR) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 10:00 Tiger's Game (LB) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 Trivial Pursuit (AR) 2:30 Arthritis Exercise (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH)	25 Banana Split Day 9:00 Mandala Coloring (AR) 9:00 Core Training (CH) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Crossword (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 2:30 Banana Splits (AR)	26 9:30 Bingo (AR) 10:30 Learn to Knit (AR) 1:30 Sing-a-long (AR) 2:15 Cover that No (AR) 6:00 Movie (LB)
27 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	28 9:00 Bingo (AR) 9:00 Core Training (CH) 10:00 Chapel Time (CH) 10:00 Mall Trip (LB) 10:00 Chicks w/Sticks (AR) 10:00 Cover that Number (AR) 11:15 Stretch & Relax (AR) 1:30 Scattergories (AR) 2:30 Wii Bowling (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	29 9:00 Coffee & Coloring (AR) 9:00 Better Balance (CH) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Brain Games (AR) 2:30 Arthritis Exercise (AR) 3:00 A Call to Joy (CH) 4:00 Dinner Cruise (LB) 6:00 Pinochle (AR)	30 9:00 Mandala Coloring (AR) 9:00 Tai Chi (CH) 10:00 Bingo (AR) 10:00 Chaplain Time (CH) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Sing Along (AR) 2:30 Balloon Volleyball (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	31 National Eat Outside Day 9:00 Mandala Coloring (AR) 9:00 Better Balance (CH) 9:00 Chaplain Time (DR) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:00 Picnic in the Park (LB) 1:30 Wellness Works (AR) 2:30 Arthritis Exercise (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)		

AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room

