

# NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Sit,move&groove(AR) 2:30 Village games (AR) 6:00 Cards (AR)	<b>2</b> 9:00 Meijer (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Arthritis Exercise (AR) 2:30 Knit-Sew group (AR) 1:30 Bingo (AR) 2:30 Devotional/Bible (CH) 6:00 Cards (AR)	<b>3</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Stretch & Relax (AR) 1:30 Polar Bear Bingo (AR) 2:30 BibleTrivia/Games (CH) 6:00 Cards (AR)	<b>4</b> 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH)  1:30 Craft (AR) 2:30 InspirationalRead(CH) 4:00 Harbor Lights (CH) 6:00 Cards (AR)	<b>5</b> 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Be CALM (CH) 1:30 Happy Hour (AR) Bunco	<b>6</b> 9:30 Bingo (AR) 1:30 Games (AR)
<b>7</b> Chapel Service 11:00 (CH) 	<b>8</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Sit,move&groove(AR) 11:30 Women's Lunch (LB) 1:30 Craft (AR) 2:30 Village games(AR) 6:00 Cards (AR)	<b>9</b> 9:00 Kroger (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Arthritis Exercise (AR) 1:30 ResidentAssocMt(CH) 2:30 Cookie Decor (CH) 6:00 Cards (AR) 	<b>10</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Stretch & Relax (AR) 1:30 Veterans Tribute (CH) 2:30 BibleTrivia/Games (CH) 6:00 Cards (AR)	<b>11 Veteran's Day</b> 9:00 Drumming (CH) 9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 UNO (AR) 2:30 InspirationalRead(CH) 4:00 Harbor Lights (CH) 6:00 Cards (AR)	<b>12</b> 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Be CALM (CH) 1:30 Happy Hour (AR)	<b>13</b> 9:30 Bingo (AR) 1:30 Games (AR)
<b>14</b> Chapel Service 11:00 (CH)	<b>15</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 MGM Casino 10:30 Sit,move&groove(AR) 1:30 Craft (AR) 2:30 Village games(AR) 6:00 Cards (AR)	<b>16</b> 9:00 Kroger (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Arthritis Exercise (AR) 11:30 Men's Lunch (LB) 2:30 Knit-Sew group (AR) 1:30 Bingo (AR) 2:30 Devotional/Bible (CH) 6:00 Cards (AR)	<b>17</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Stretch & Relax (AR) 1:30 Cover that no. (AR) 1:30 Make a Blanket (CH) 2:30 BibleTrivia/Games (CH) 3:00 Book Club (AR) 6:00 Cards (AR)	<b>18</b> 9:00 Drumming (CH)  9:30 Just for Men (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Birthday Entertain(CH) 4:00 Harbor Lights (CH) 6:00 Cards (AR)	<b>19</b> 9:00 Power Hour (FC) 9:30 Women's Coffee & Manicures (AR) 10:30 Be CALM (CH) 1:30 Happy Hour (AR)	<b>20</b> 9:30 Bingo (AR) 1:30 Games (AR) 
<b>21</b> Chapel Service 11:00 (CH)	<b>22</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Sit,move&groove(AR) 1:30 Crossword (AR) 2:30 Village games(AR) 6:00 Cards (AR)	<b>23</b> 9:00 Kroger (LB) 9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Arthritis Exercise (AR) 1:30 Spintowin Bingo(AR) 2:30 Devotional/Bible (CH) 6:00 Cards (AR)	<b>24</b> 9:00 Be CALM (CH) 9:30 Bingo (AR) 10:30 Stretch & Relax (AR) 1:30 Left,Right,Center (AR) 2:30 BibleTrivia/Games (CH) 6:00 Cards (AR)	<b>25</b> 	<b>26</b> Games on you own in the activity room  Toasted, Roasted, Baked and DONE! Hope your Thanksgiving was loads of fun!	<b>27</b> 9:30 Bingo (AR) 1:30 Games (AR)
<b>28</b> Chapel Service 11:00 (CH)	<b>29</b> 9:00 Cardio Express (FC) 9:30 Bingo (AR) 10:30 Sit,move&groove (AR) 1:00 Xmas Tree Store(LB) 1:30 Word Games (AR) 2:30 Village games(AR) 6:00 Cards (AR)	<b>30</b> 9:00 Kroger (LB)  9:00 Be ABLE (FC) 9:30 Tuesday Tea (AR) 10:30 Arthritis Exercise (AR) 1:30 Tree Trimming (AR) 2:30 Devotional/Bible (CH) 6:00 Cards (AR)	<b>ALL ACTIVITIES ARE SUBJECT TO CHANGE.</b>			