
















# OCTOBER 2022

| Sunday                                | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---------------------------------------|---|---|--|---|---|--|
| AL                                    |   |   |  |   |   | <b>1</b><br>9:30 Bingo (AR)<br>1:30 Cards (AR)<br>        |
| <b>2</b><br>11:00 Chapel Service (CH) | <b>3</b><br>9:00 Puzzler practice (AR)<br>9:30 Bingo (AR)<br>10:30 Hoop Shoot (AR)<br>1:30 VVC Pep Rally (AR)<br>2:30 Memoir Writing (RT)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)<br><b>VVC</b> <br><b>PEP Rally</b> | <b>4</b><br>9:00 Kroger (LB)<br>9:00 Beanbag (AR)<br>9:30 Coffee&Coloring (AR)<br>10:45 Catholic Service (CH)<br>11:30 Puzzler practice (AR)<br>1:30 Bingo(AR)<br>1:30 Kick-a-roo (CH)<br>2:30 Cards (HI)<br>2:30 Devotional/Bible (CH)<br>3:00 Building & Grnds (RT)   | <b>5</b><br>9:00 Puzzler practice (AR)<br>9:30 Bingo (AR)<br>10:00 Blakes (LB)<br>10:30 Beanbag (AR)<br>1:00 Hand & Foot (AR)<br>1:30 Cards (AR)<br>1:30 Blessing of Pets (CH)<br>1:30 Balloon VB (CH)<br>2:30 BibleTrivia/Games (CH)<br>2:30 Culinary Comm (RT)<br>6:00 Bridge/Cards (AR) | <b>6</b><br>9:00 Kick-a-roo (AR)<br>9:30 Men's Coffee (AR)<br>11:00 Hoop Shoot (AR)<br>11:00 Rosary (CH)<br>11:30 Balloon VB (AR)<br>1:30 Reminisce (AR)<br>1:30 Puzzler (AR)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR) | <b>7</b><br><b>Village Victory Cup</b><br><b>8:30-6:00pm (LB)</b><br>                      | <b>8</b><br>9:30 Bingo (AR)<br>1:30 Cards (AR)<br>      |
| <b>9</b><br>11:00 Chapel Service (CH) | <b>10</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Puzzles (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)<br>                                     | <b>11</b><br><b>Wear Pink for Breast Cancer</b><br>9:00 Kroger (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Coffee&Coloring (AR)<br>10:45 Catholic Service (CH)<br>11:30 Strength Circuit (FC)<br>1:30 Resident Assoc. (AR)<br> | <b>12</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>11:30 Women's Lunch (LB)<br>1:00 Hand & Foot (AR)<br>1:30 Cards (AR)<br>1:30 Sit to Stand Ex. (HWC)<br>2:30 BibleTrivia/Games (CH)<br>6:00 Bridge/Cards (AR)                                   | <b>13</b><br>9:00 Move&Groove (HWC)<br>9:30 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>1:30 Halloween Craft (AR)<br>1:30 Cardio Ex. (HWC)<br>5:30 Murder Mystery (RT)   | <b>14</b><br>9:00 Strength Ex. (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:00 Bridge Class (HI)<br>10:30 Seated Exercise (AR)<br>1:30 Harsen's Island Presentation (RT) | <b>15</b><br>9:30 Bingo (Kirk)<br>1:30 Cards (Kirk)<br> |



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| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|--|---|---|---|--|---|--|
| <b>16</b><br>11:00 Chapel Service (CH)<br><br>4:00 Resident Potluck (RT)<br><br> | <b>17</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Prevent Scams (HI)<br>1:30 Puzzles (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)   | <b>18</b><br>9:00 Murder & Mayhem(LB)<br>9:00 Exercise on own<br>9:30 Coffee&Coloring (AR)<br>10:45 Catholic Service (CH)<br>11:30 Strength Circuit (FC)<br>1:30 Bingo (AR)<br>1:30 Strength Ex. (HWC)<br>1:30 Spiritual Program (HI)<br>2:30 Karaoke (AR)<br>2:30 Cards (HI)<br>2:30 Devotional/Bible (CH)<br><br>                        | <b>19</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Donut Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:00 Hand & FootCards(AR)<br>1:30 Uber Class (HI)<br>1:30 Sit to Stand Ex. (HWC)<br>2:30 BibleTrivia/Games (CH)<br>3:00 Book Group (RT)<br>6:00 Bridge/Cards (AR) | <b>20</b><br><b>Oktoberfest</b><br>9:00 Move&Groove (HWC)<br>9:30 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>12:00 Birthday Dinner (RT)<br>1:30 Entertainment (CH)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)<br><br> | <b>21</b><br><b>Germany Armchair Travel</b><br>9:00 Strength Ex. (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:00 Bridge Class (HI)<br>10:30 Seated Exercise (AR)<br>1:30 Armchair Travel (AR)<br><br> | <b>22</b><br>9:30 Bingo (AR)<br>1:30 Cards (AR)<br>6:30 GameNight(HI)<br><br> |
| <b>23</b><br>11:00 Chapel Service (CH)   | <b>24</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Puzzles (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)  | <b>25</b><br><b>World Pasta Day</b><br>9:00 Walmart (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Coffee&Coloring (AR)<br>10:45 Catholic Service (CH)<br>11:30 Strength Circuit (FC)<br>1:30 Bingo (AR)<br>1:30 Cookie Decorating(HI)<br>1:30 Strength Ex. (HWC)<br>2:30 Pasta Art (AR)<br>2:30 Cards (HI)<br>2:30 Devotional/Bible (CH)<br><br> | <b>26</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>11:30 Men's Lunch (LB)<br>1:00 Hand & FootCards(AR)<br>1:30 Sit to Stand Ex. (HWC)<br>2:30 BibleTrivia/Games (CH)<br>6:00 Bridge/Cards (AR)                             | <b>27</b><br>9:00 Frankenmuth (LB)<br>9:00 Move&Groove (HWC)<br>9:30 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>1:30 Reminisce (AR)<br>1:30 Cardio Ex. (HWC)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)   | <b>28</b><br>9:00 Strength Ex. (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:00 Bridge Class (HI)<br>10:30 Seated Exercise (AR)<br>1:30 Halloween Spectacular (CH)<br><br>                           | <b>29</b><br>9:30 Bingo (AR)<br>1:30 Cards (AR)  |
| <b>30</b><br>11:00 Chapel Service (CH)   | <b>31</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Costume Contest (AR)<br>Halloween Party (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)<br><br> |   |   |  | <p style="text-align: center;"><b>KEY</b></p> AR-Activity Room<br>CH-Chapel<br>FC-Fitness Center<br>HI-Harbor Inn<br>HWC-Health & Wellness Center<br>LB-Lobby<br>RT-Restaurant  |  |
| <b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b>  |   |   |   |  |   |  |