














MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 St. Vincent DePaul Pick-up items on curb by 10:00 am</p> <p>9:00 Stretch & Relax (HWC) 9:30 Fruit Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 2:30 Bible Trivia/Games (CH) 3:00 Culinary Comm (KH) 6:00 Bridge/Cards (AR)</p>	<p>2 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 IC Pot Luck (LB) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex.(AR) 1:00 Make a spring pic(AR) 2:00 Knit/Crochet (HI) 2:30 Hoop & Volleyball(AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (KH)</p>	<p>3 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (AR) 10:30 Seated Strength (AR) 1:30 CincodeMayo Party (AR) 6:00 Games (AR) 6:00 Games (HI)</p> 	<p>4 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM)</p> <p>3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI)</p>
<p>5 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)</p>	<p>6 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Spring Wreath (AR) 2:30 Religions Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)</p>	<p>7 9:00 Mejier (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoops-Beanbag(AR) 11:30 Welcoming Mtg(AR) 2:00 Table Topics & Tea (HI) 2:30 Scripture Study (CH) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)</p> 	<p>8 9:00 Stretch & Relax (HWC) 9:30 Cookie Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 2:00 Puzzler, Wellness Walk, & Beanbag (HI) 2:30 Bible Trivia/Games (CH) 6:00 Bridge/Cards (AR)</p> 	<p>9 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex.(AR) 2:00 Knit/Crochet (HI) 2:30 Hoop Shoot & Balloon Volleyball (AR) 4:00 Harbor Lights (CH) 4:00 Parkinson's Support Group (AR) 6:00 Euchre/Pinochle (KH)</p>	<p>10 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (KH) 10:30 Seated Strength (AR) 6:00 Games (HI)</p>	<p>11 Mother's Day Fashion Show</p>
<p>12 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)</p> 	<p>13 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:00 Jusko's (LB) 11:15 Puzzler & Wellness Walk (AR) 1:30 Memoir Writing (AR) 2:30 Religions Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 7:00 Interfaith Choir (CH)</p>	<p>14 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 1:30 Resident Assoc (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)</p>	<p>15 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Donut Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Rosie the Riveter (AR) 1:30 Skip-Bo (AR) 1:30 Hand & Foot (AR) 2:00 Puzzler, Wellness Walk, & Beanbag (HI) 2:30 Bible Trivia/Games (CH) 3:30 Book Group (AR) 6:00 Bridge/Cards (AR)</p>	<p>16 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 12:00 Birthday Dinner (MR) 1:30 Entertainment (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p> 	<p>17 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 9:00 DSO (LB) 10:00 Bridge Class (KH) 10:30 Seated Strength (AR) 1:30 Hoop Shoot & Balloon Volleyball (AR) 6:00 Games (AR) 6:00 Games (HI)</p>	<p>18 9:30 Bingo (AR) 1:30 IL Movie (CM)</p> <p>3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI)</p> 

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 11:00 Chapel Service (CH) 4:30 Resident Pot Luck (AR)  3:00 Cards & Games (HI)	20 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 11:15 Puzzler & Wellness Walk (AR) 1:30 Memoir Writing (AR) 2:30 Religions Study (CH) 6:00 Quarter Bingo (AR) 6:00 Dominoes/Cards (HI) 	21 9:00 Meijer(LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 11:30 Men's Lunch (LB) 1:30 Bingo (AR) 2:00 Teaching Kitchen (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	22 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Fruit Bingo (AR) 10:30 Seated Stretch (AR)  11:30 Women's Lunch (LB) 1:30 Hand & Foot (AR) 1:30 Skip-Bo (AR) 2:00 Puzzler, Well Walk, & Beanbag (AR) 2:30 Bible Trivia/Games (KH) 3:30 Alzheimer Support(CH) 6:00 Bridge/Cards (AR)	23 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex. (AR) 1:30 Brain Fitness (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	24 9:00 Strength Ex. (on own) 10:00 Bridge Class (AR) 10:30 Seated Strength (AR) 1:15 Bobby G (AR) 2:30 Bunco (AR) 6:00 Games (AR) 6:00 Games (HI) 	25 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 3:00 Beanbag (AR) 6:00 Cards (AR) 6:00 Games (HI) 
26 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	27 	28 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Hoop Shoot & Beanbag (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	29 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Donut Bingo (AR) 10:30 Tiger's Game (LB) 10:30 Seated Stretch (AR) 1:30 Skip-Bo (AR) 1:30 Hand & Foot (AR) 2:00 Puzzler, Wellness Walk, & Beanbag (HI) 2:30 Bible Trivia/Games (CH) 6:00 Bridge/Cards (AR)	30 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Puzzler (AR) 11:30 Drumming Ex.(AR) 2:00 Knit/Crochet (HI) 2:30 Hoop Shoot & Balloon Volleyball (AR) 4:00 Harbor Lights (CH) 4:00 Wine Tasting (HI)  6:00 Euchre/Pinochle (KH)	31 9:00 Strength Ex. (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (KH) 10:30 Seated Strength (AR) 1:30 Hoop Shoot & Balloon Volleyball (AR) 6:00 Games (HI)	
31 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)		<div style="border: 2px solid blue; padding: 5px;"> <p style="text-align: center;">KEY</p> <p>AR-Activity Room CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant</p> </div>				
<div style="border: 2px solid blue; padding: 5px; display: inline-block;"> ALL ACTIVITIES ARE SUBJECT TO CHANGE </div>						