

AUGUST 2024

Sunday		Tuesday	Wednesday	Thursday	Friday	Saturday
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				1 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Potluck Bingo IC (LB) 11:30 Drumming Ex. (AR) 2:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH)	2 9:00 Strength/Cond(HWC) 10:00 Bridge Class (BH) 10:00 Tiger Talk (CH) 10:30 Seated Strength (AR) 1:30 Piano recital (CH) 6:00 Games (HI)	3 9:30 Bingo (AR) 6:00 Cards (AR) 6:00 Games (HI)
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4 11:00 Communion Sunday Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	5 9:00 Cardio on own (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Tea & Talk (AR) 2:00 Sand art w/Laura (HI) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	6 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 1:30 Cardio/Strength(HWC) 1:30 Bingo (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	7 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Cookie Bingo (AR) 10:30 Seated Stretch (AR) 2:00 Smart Bus Present (HI) 2:00 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 Suncatcher Cross (CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	8 9:00 Dance Fitness (HWC) 9:00 Word Games 9:30 Henry Ford Tour (LB) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming Ex.(AR) 2:00 Knit/Crochet (HI) 2:00 Bingo (HI) 4:00 Harbor Lights (CH) 4:00 Parkinson's Support Group (AR) 6:00 Euchre/Pinochle (KH)	9 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:30 Beer Tasting & Hot Dogs (AR) 6:00 Games (HI)	10 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)
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11 11:00 Chapel Service (CH) 1:00 Ice Cream Social (AR) 3:00 Cards & Games (HI) 6:00 Games (AR)	12 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Ice Cream trip (LB) 1:30 Tea & Talk (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	13 8:30 Eastern Market (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 1:30 Cardio/Strength(HWC) 1:30 Bingo (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	14 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Donut Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 1:00 MJR Movie (LB) 2:00 Popcorn & Wii (HI) 2:30 Bible Trivia/Games (CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	15 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (MR) 1:30 Friends & Family Presentation (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	16 9:00 Strength onown(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 11:30 Women's Lunch (LB) 1:30 Travelogue (AR) 6:00 Games (HI)	17 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)
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AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 4:30 Resident Pot Luck (AR)  6:00 Games (AR)	19 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 2:00 Loneliness Info (HI) 2:30 Religious Study (CH) 6:00 Quarter Bingo (AR) 6:00 Dominoes/Cards (HI) 	20 9:00 Mejier (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 1:30 Cardio/Strength(HWC) 1:30 Painting w/Linda (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	21 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR)  1:30 Hand & Foot (AR) 1:30 Women's Coffee & Manicures (AR) 1:30 Tai Chi (HWC) 2:30 Cookies & Wii (HI) 2:30 Bible Trivia/Games (CH) 3:30 Book Group (AR) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	22 9:00 Dance Fitness (HWC) 	23 9:00 Strength/Cond.(HWC) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:15 Bobby G (AR) 6:00 Games (AR) 6:00 Games (HI)	24 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)
25 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	26 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Show & Tell (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 	27 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 1:30 Cardio/Strength(HWC) 1:30 Popcorn Bingo (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	28 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 10:30 Seated Stretch (AR) 1:30 Bingo w/Paul Miller (AR) 1:30 Tai Chi (HWC) 2:30 Bible Trivia/Games (CH) 3:30 Alzheimer Support(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR) 	29 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 10:30 Tiger's Game (LB) 11:00 Rosary (CH) 11:30 Drumming Ex.(AR) 2:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH)	30 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:30 BUNCO (AR) 6:00 Games (AR) 6:00 Games (HI) 	31 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI) 
						<p style="text-align: right;">KEY</p> AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant

ALL ACTIVITIES ARE SUBJECT TO CHANGE