



# SEPTEMBER 2024

## Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

**1**  
11:00 Communion Sunday Chapel Service (CH)  
  
3:00 Cards & Games (HI)  
  
6:00 Games (AR)



**3**  
9:00 Meijer (LB)  
9:00 Balance Ex. (HWC)  
9:00 Crossword (AR)  
10:45 Catholic Service (CH)  
1:30 Cardio/Strength(HWC)  
1:30 Bingo (AR)  
2:30 Table Topics & tea (HI)  
2:30 Scripture Study (CH)  
3:00 Bldg & Grnd Mtg (KH)  
6:00 Euchre/Pinochle (AR)  
6:00 Games (HI)

**4**  
9:00 Stretch & Relax (HWC)  
9:00 Wheel of Fortune (AR)  
9:30 Fruit Bingo (AR)   
10:30 Seated Stretch (AR)  
1:30 Tai Chi (HWC)  
1:30 Culinary Committee (BH)  
2:00 Hand & Foot (AR)  
2:30 Cookies & Wii (HI)  
2:30 Bible Trivia/Games (CH)  
4:00 Rosary (HI)  
6:00 Bridge/Cards (AR)

**5**  
9:00 Dance Fitness (HWC)  
9:00 Word Games  
10:00 Men's Coffee (AR)  
11:00 Rosary (CH)  
11:00 Potluck Bingo IC (LB)  
11:30 Drumming Ex. (AR)  
2:00 Knit/Crochet (HI)  
1:00 Make a Bracelet (AR)  
3:30 Theater (LB)  
4:00 Harbor Lights (CH)

**6**  
9:00 Strength/Cond(HWC)  
9:00 Women's Coffee & Manicures (AR)  
10:00 Bridge Class (BH)  
10:30 Seated Strength (AR)  
1:30 Travelogue-Greece (AR)  
6:00 Games (HI)

**7**  
9:30 Bingo (AR)  
  
6:00 Cards (AR)  
6:00 Games (HI)

**8**  
11:00 Chapel Service (CH)  
2:30 Grandparents Celebration(AR)  
  
3:00 Cards & Games (HI)  
6:00 Games (AR)  
  


**9**  
9:00 Kroger (LB)  
9:00 Cardio Ex. (HWC)  
9:00 Words in Words (AR)  
9:30 Bingo (AR)  
10:30 Seated Cardio (AR)  
1:30 Show & Tell (AR)  
2:30 Memoir Writing (AR)  
2:30 Religious Study (CH)  
3:30 Cards (AR)  
6:00 Dominoes/Cards (HI)

**10**  
9:00 Balance Ex. (HWC)  
9:00 Crossword (AR)  
10:45 Catholic Service (CH)  
1:30 Cardio/Strength(HWC)  
1:30 Resident's Assoc (AR)  
6:00 Euchre/Pinochle (AR)  
6:00 Games (HI)

**11**  
9:00 Senior Zoo Day (LB)  
9:00 Stretch & Relax (HWC)  
9:00 Wheel of Fortune (AR)  
9:30 Cookie Bingo (AR)  
10:30 Seated Stretch (AR)  
2:00 Hand & Foot (AR)  
1:30 Tai Chi (HWC)  
4:00 Rosary (HI)  
6:00 Bridge/Cards (AR)



**12**  
4:00 Parkinson's Support Group (AR)

**HOEDOWN HARBOR INN**  
4:00-7:00PM

- ◇ LIVE BAND
- ◇ DANCING
- ◇ CORNHOLE CONTEST
- ◇ CRAFT SHOW
- ◇ CAR SHOW
- ◇ HORSES
- ◇ FOOD & CASH BAR



**13**  
9:00 Strength/Cond.(HWC)  
9:00 Women's Coffee & Manicures (AR)  
10:00 Bridge Class (BH)  
10:30 Seated Strength (AR)  
12:30 MJR Movie (LB)  
2:00 Quarter Bingo (HI)  
6:00 Games (HI)

**14**  
9:30 Bingo (AR)  
1:15 AL Movie (AR)  
1:30 IL Movie (CM)  
  
6:00 Cards (AR)  
6:00 Games (HI)

**15**  
11:00 Chapel Service (CH)  
  
3:00 Cards & Games (HI)  
  
4:00 Happy Hr(AR)  
5:00 Potluck (AR)



6:00 Games (AR)

**16**  
9:00 Cardio Ex. (HWC)  
9:00 Words in Words (AR)  
9:30 Bingo (AR)  
10:30 Seated Cardio (AR)  
1:30 Pace Presentatio(AR)  
2:30 Religious Study (CH)  
3:30 Cards (AR)  
6:00 Dominoes/Cards (HI)

**17**  
9:00 Meijer (LB)  
9:00 Balance Ex. (HWC)  
9:00 Crossword (AR)  
10:45 Catholic Service (CH)  
11:30 Men's Lunch (LB)  
1:30 Cardio/Strength(HWC)  
1:30 Art w/ Linda (AR)  
2:00 Table Topics & tea (HI)  
2:30 Scripture Study (CH)  
6:00 Euchre/Pinochle (AR)  
6:00 Games (HI)

**18**  
9:00 Stretch & Relax (HWC)  
9:00 Wheel of Fortune (AR)  
9:30 Donut Bingo (AR)  
10:00 Shoe Shopping (LB)  
10:30 Seated Stretch (AR)  
1:30 Hand & Foot (AR)  
1:30 Tai Chi (HWC)  
2:30 Popcorn & Wii (HI)  
2:30 Bible Trivia/Games(CH)  
3:30 Book Group (AR)  
4:00 Rosary (HI)  
6:00 Bridge/Cards (AR)

**19**  
9:00 Dance Fitness (HWC)  
10:00 Men's Coffee (AR)  
11:00 Rosary (CH)  
12:00 Birthday Dinner (MR)  
1:30 Kielbasa Kings (AR)  
4:00 Harbor Lights (CH)  
6:00 Euchre/Pinochle (AR)



**20**  
9:00 Strength onown(HWC)  
9:00 Women's Coffee & Manicures (AR)  
10:00 Bridge Class (BH)  
10:30 Seated Stretch (AR)  
1:30 BUNCO (AR)  
6:00 Games (HI)





**21**  
9:30 Bingo (AR)  
11:00 Ladies Lunch (LB)  
1:15 AL Movie (AR)  
1:30 IL Movie (CM)  
  
6:00 Cards (AR)  
6:00 Games (HI)





# SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)  6:00 Games (AR)	<b>23</b> 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Show & Tell (AR) 1:30 Shopping (LB) 2:30 Memoir Writing (AR) 2:30 Religious Study (CH) 6:00 Quarter Bingo (AR) 6:00 Dominoes/Cards (HI)  	<b>24</b> 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Women's Lunch (LB) 1:30 Cardio/Strength(HWC) 1:30 Painting w/Linda (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	<b>25</b> 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 Bible Trivia/Games(CH) 3:30 Alzheimer Support(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	<b>26</b> 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 10:00 Clothes Giveaway(CH) 11:00 Rosary (CH) 11:30 Drumming Ex. (AR) 1:30 Pop-up Movie (AR) 2:00 Knit/Crochet (HI) 3:30 Harbor Lights (CH)	<b>27</b> 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Smokehouse (LB) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:15 Bobby G (AR) 6:00 Games (AR) 6:00 Games (HI)	<b>28</b> 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM)  6:00 Cards (AR) 6:00 Games (HI)  
<b>29</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)  6:00 Games (AR)	<b>30</b> 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Medicare 2025 (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)					
						<p style="text-align: right;"><b>KEY</b></p> AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant

**ALL ACTIVITIES ARE SUBJECT TO CHANGE**