



OCTOBER 2024





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 9:00 Manicures AR) 10:45 Catholic Service (CH) 1:30 Cardio/Strength(HWC) 1:30 Bingo (AR) 2:00 Medicare 2025 (HI) 2:30 Scripture Study (CH) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	2 9:00 Stretch & Relax (HWC) 9:30 Fruit Bingo (AR) 10:30 Seated Stretch (AR) 11:00 Blessing of the Pet (AR) 1:30 Tai Chi (HWC) 1:30 Culinary Committee (KH) 2:00 Hand & Foot/Cards (AR) 2:30 Cookies & Wii (HI) 2:30 Bible Trivia/Games (CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	3 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:00 Potluck Bingo IC (LB) 11:30 Drumming Ex. (AR) 2:00 Knit/Crochet (HI) 1:00 Make a Bracelet (AR) 3:30 Theater (LB) 4:00 Harbor Lights (CH)	4 9:00 Strength/Cond(HWC) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 2:00 Quarter Bingo (HI) 6:00 Games (HI)	5 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)
6 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	7 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Voting Info (AR) 2:30 Memoir Writing (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	8 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 1:30 Cardio/Strength(HWC) 1:30 Resident's Assoc (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	9 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Cookie Bingo (AR) 10:30 Seated Stretch (AR) 12:30 MJR Movie (LB) 2:00 Hand & Foot/Cards (AR) 2:30 Bible Trivia/Games(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	10 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming Ex. (AR) 2:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH) 4:00 Parkinson's Support Group (AR)	11 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 11:00 Cider mill (LB) 6:00 Games (HI)	12 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)
13 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	14 Sect. of State 10-3pm Kirk Hall 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	15 9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 1:30 Cardio/Strength(HWC) 1:30 Art w/ Linda (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	16 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Kirk on the Hill (LB) 9:30 Popcorn Bingo (AR) 10:30 Seated Stretch (AR) 2:00 Hand & Foot/Cards (AR) 1:30 Tai Chi (HWC) 2:30 Popcorn & Wii (HI) 2:30 Bible Trivia/Games(CH) 3:30 Book Group (AR) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	17 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (MR) 1:30 Linda Lee (AR) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	18 Breast Cancer Awareness Wear Pink Day 9:00 Strength/Cond (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 1:30 Pink BUNCO (AR) 6:00 Games (HI)	19 9:30 Bingo (AR) 1:15 AL Movie (AR) 1:30 IL Movie (CM) 6:00 Cards (AR) 6:00 Games (HI)





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 4:00 Happy Hr (AR) 5:00 Potluck (AR) 	21 9:00 Kroger (LB) 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Show & Tell (AR) 2:30 Memoir Writing (AR) 2:30 Religious Study (CH) 6:00 Quarter Bingo (AR) 6:00 Dominoes/Cards (HI) 	22 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Women's Lunch (LB) 1:30 Cardio/Strength(HWC) 1:30 Bingo (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	23 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 Bible Trivia/Games(CH) 3:30 Alzheimer Support(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	24 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 10:00 Wine Tasting Tour (LB) 11:00 Rosary (CH) 11:30 Drumming Ex. (AR) 1:30 Pop-up Movie (AR) 2:00 Knit/Crochet (HI) 3:30 Harbor Lights (CH)	25 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:00 Tailgate Party (AR) 1:15 Bobby G (AR) 6:00 Games (AR) 6:00 Games (HI) 	26 9:30 Bingo (AR) Uof M -vs- MSU Game TBD (AR) 6:00 Cards (AR) 6:00 Games (HI)
27 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	28 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	29 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 1:30 Cardio/Strength(HWC) 1:30 Bingo (AR) 2:00 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	30 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 Bible Trivia/Games(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	31 9:00 Dance Fitness (HWC) 9:00 Word Games 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming Ex. (AR) 1:30 Halloween Party (AR) 2:00 Knit/Crochet (HI) 3:30 Harbor Lights (CH) 		
					KEY AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant	

ALL ACTIVITIES ARE SUBJECT TO CHANGE