

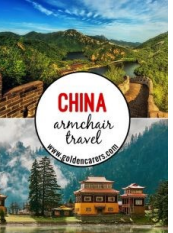








JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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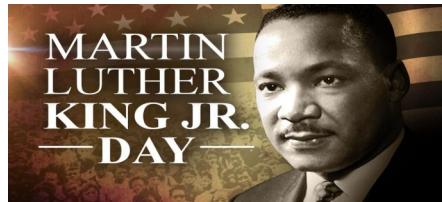


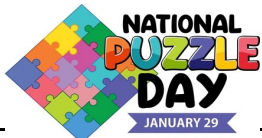
			<p>1</p> 	<p>2</p> <p>9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 2:00 Needle Group (HI) 3:00 Fisher Theater (LB) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p>	<p>3</p> <p>9:00 Women's Coffee & Manicures (AR) 9:00 Strength/Cond(HWC) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 11:30 Exercise (FC) 1:30 Trivia Contest (AR) 2:30 Quarter Bingo (HI) 6:00 Games (HI)</p> 	<p>4</p> <p>9:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)</p>
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<p>5</p> <p>11:00 Chapel Service (CH) 3:00 Cards & Games (HI)</p>	<p>6</p> <p>9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Show & Tell (AR) 2:30 Religious Study (CH) 2:30 Games (HI) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 6:00 Quarter Bingo (AR)</p> 	<p>7</p> <p>9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Bingo (AR) 2:30 Table Topics & tea (HI) 2:30 Scripture Study (CH) 3:00 Bldng & Grnds (MR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)</p>	<p>8</p> <p>9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Tai Chi (HWC) 1:30 Culinary Meeting (MR) 2:00 Hand & Foot/Cards(AR) 2:30 Karaoke (HI) 2:30 Bible Trivia/Games(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)</p> 	<p>9</p> <p>9:00 Dance Fitness (HWC) 10:00 Men's Coffee (KH) 11:00 Rosary (CH) 11:30 World Lunch (LB) 11:30 Drumming (AR) 2:00 Needle Group (HI) 4:00 Harbor Lights (CH) 4:00 Parkinson's Support Group (AR)</p>	<p>10</p> <p>9:00 Strength/Cond (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 11:30 Exercise (FC) 1:30 Armchair Travel China (AR) 6:00 Games (HI)</p> 	<p>11</p> <p>9:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)</p>
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<p>12</p> <p>11:00 Chapel Service (CH) 3:00 Cards & Games (HI)</p>	<p>13</p> <p>9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Memoir Writing (AR) 2:30 Religious Study (CH) 2:30 Games (HI) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)</p>	<p>14</p> <p>National Bagel Day 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Resident Assoc. (CH) 6:00 Euchre/Pinochle (KH) 6:00 Games (HI)</p> 	<p>15</p> <p>9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Tai Chi (HWC) 2:00 Hand & Foot/Cards (AR) 2:30 Popcorn & Wii (HI) 2:30 Bible Trivia/Games(CH) 3:30 Book Group (AR) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)</p>	<p>16</p> <p>9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (MR) 1:30 Entertainment (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)</p> 	<p>17</p> <p>National Popcorn Day 9:00 Strength/Cond (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 11:30 Exercise (FC) 1:30 Popcorn&Karaoke(AR) 2:30 Quarter Bingo (HI) 6:00 Games (HI)</p> 	<p>18</p> <p>9:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)</p> 
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JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 4:00 Happy Hr(AR) 5:00 Potluck (AR) 	20 2:30 Games (HI) 2:30 Religious Study (CH) 6:00 Dominoes/Cards (HI) 	21 Secretary of State 10-3pm Harbor Inn 9:00 Meijer (LB) 9:00 Exercise on own(HWC) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:00 Art w/Linda (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI) 	22 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 11:30 Men's Lunch (LB) 1:30 Tai Chi (HWC) 2:00 Hand & Foot/Card(AR) 2:30 Karaoke (HI) 2:30 Bible Trivia/Game(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	23 National Pie Day 9:00 Exercise on own(HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 2:00 Needle Group Interest Meeting (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	24 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 11:30 Exercise (FC) 1:00 Bobby G Happy Hour(AR) 3:00 Games (HI) 6:00 Games (AR) 6:00 Games (HI) 	25 9:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)
26 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	27 9:00 Cardio Ex. (HWC) 9:00 Words in Words (AR) 9:30 Bingo (AR) 10:30 Seated Cardio (AR) 1:30 Memoir Writing (HI) 2:30 Games (HI) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	28 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Bingo (AR) 2:30 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	29 National Puzzle Day 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 11:30 Women's Lunch (LB) 1:30 Tai Chi (HWC) 2:00 Puzzle Contest (AR) 2:30 Bible Trivia/Games(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR) 	30 National Croissant Day 9:00 Exercise on own(HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:00 V-Day Hanger(AR) 2:00 Needle Group (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	31 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 11:30 Exercise (FC) 1:30 Bunco Party (AR) 3:00 Games (HI) 6:00 Games (AR) 6:00 Games (HI)	
					<p style="text-align: right;">KEY</p> <p>AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant</p>	
<div style="border: 2px solid blue; padding: 5px; display: inline-block; color: red; font-weight: bold;"> ALL ACTIVITIES ARE SUBJECT TO CHANGE </div>						