





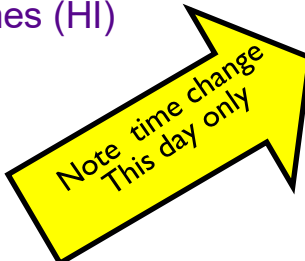


# FEBRUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)
<b>2</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)	<b>3</b> 9:00 Cardio Ex. (HWC) 9:30 Words in Words (AR) 10:30 Seated Cardio (AR) 11:00 Bingo (AR) 1:30 Show & Tell (AR) 2:30 Religious Study (CH) 2:30 Games (HI) 3:30 Cards (AR) 4:00 Grief Support (CH) 6:00 Dominoes/Cards (HI)	<b>4</b> 9:00 Walmart (LB) 9:00 Balance Ex. (HWC) 9:30 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Bingo (AR) 2:30 Table Topics & tea (HI) 2:30 Scripture Study (CH) 3:00 Bldng & Grnds (MR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	<b>5</b> 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Tai Chi (HWC) 1:30 Culinary Meeting (MR) 2:00 Hand & Foot/Cards(AR) 2:30 Karaoke (HI) 2:30 Bible Trivia/Games(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	<b>6</b> 9:00 Dance Fitness (HWC) 9:30 Shoe shopping 10:00 Men's Coffee (KH) 11:00 Rosary (CH) 11:00 IC Potluck Bingo (LB) 11:30 Drumming (AR) 1:30 Armchair Travel Italy (AR) 4:00 Harbor Lights (CH)	 <b>WEAR RED DAY</b> 9:00 Strength/Cond (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 11:30 World Lunch (LB) 3:00 Wear red Picture (CH) 3:30 Happy Hour (MR) 6:00 Games (HI)	<b>8</b> 10:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)
<b>9</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)	<b>10</b> 9:00 Cardio Ex. (HWC) 9:30 Words in Words (AR) 10:30 Seated Cardio (AR) 11:00 Bingo (AR) 1:30 Memoir Writing (AR) 2:30 Religious Study (CH) 2:30 Games (HI) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 6:00 Quarter Bingo (AR)	<b>11</b> 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:00 Crossword (AR) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Resident Assoc. (CH) 6:00 Euchre/Pinochle (KH) 6:00 Games (HI)	<b>12</b> 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 11:30 Men's Lunch (LB) 12:30 Candy making (AR) 1:30 Tai Chi (HWC) 2:00 Hand & Foot/Cards (AR) 2:30 Popcorn & Wii (HI) 2:30 Bible Trivia/Games(CH) 3:30 Book Group (AR) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	<b>13</b> 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 2:00 Needle Group (HI) 3:30 Harbor Lights (CH) 4:00 Parkinson's Support Group (AR) 6:00 Euchre/Pinochle (AR) 7:00 Candlelight Concert	<b>14</b> <b>Valentine's Day</b> 9:00 Strength/Cond (HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Stretch (AR) 1:30 Valentine's Party (AR) 6:00 Games (HI)	<b>15</b> 10:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)



# FEBRUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 4:00 Happy Hr(AR) 5:00 Potluck (AR) 	<b>17</b> 9:00 Cardio Ex. (HWC) 9:30 Words in Words (AR) 10:30 Seated Cardio (AR) 11:00 Bingo (AR) 2:30 Quarter Bingo (HI) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI) 	<b>18</b> 9:00 Meijer (LB) 9:00 Balance Ex. (HWC) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:00 Art w/Linda (AR) 2:30 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	<b>19</b> 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 11:30 Women's Lunch (LB) 1:30 Tai Chi (HWC) 2:00 Hand & Foot/Card(AR) 2:30 Karaoke (HI) 2:30 Bible Trivia/Game(CH) 3:30 Alzheimer's Suppor(CH) 4:00 Rosary (HI) 6:00 Bridge/Cards (AR)	<b>20</b> 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (MR) 1:30 Entertainment (CH) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	<b>21</b> 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 3:30 Boardwalk Play (LB) 3:00 Games (HI) 6:00 Games (AR) 6:00 Games (HI)	<b>22</b> 10:30 Bingo (AR) 1:30 Movie (AR) 2:00 Cards &/or Games (HI) 6:00 Cards (AR)
<b>23</b> 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 6:00 Games (AR)	<b>24</b> 9:00 Cardio Ex. (HWC) 9:30 Words in Words (AR) 10:30 Seated Cardio (AR) 11:00 Bingo (AR) 1:30 Memoir Writing (HI) 2:30 Games (HI) 2:30 Religious Study (CH) 3:30 Cards (AR) 6:00 Dominoes/Cards (HI)	<b>25</b> 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 10:45 Catholic Service (CH) 11:30 Exercise (FC) 1:30 Bingo (AR) 2:30 Table Topics & tea (HI) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI) 	<b>26</b> 9:00 Stretch & Relax (HWC) 9:00 Wheel of Fortune (AR) 9:30 Bingo (AR) 10:30 Seated Stretch (AR) 1:30 Tai Chi (HWC) 2:00 Hand & Foot/CardAR) 2:30 Brain Fitness (HI) 2:30 Bible Trivia/Games(CH) 4:15 Rosary (HI) 6:00 Bridge/Cards (AR)	<b>27</b> 9:00 Dance Fitness (HWC) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Easter Hanger (AR) 2:00 Needle Group (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	<b>28</b> 9:00 Strength/Cond.(HWC) 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 Seated Strength (AR) 1:00 Bobby G (AR) 3:00 Games (HI) 6:00 Games (AR)	
						<b>KEY</b> AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant

**ALL ACTIVITIES ARE SUBJECT TO CHANGE**