SEPTEMBER 2025

The Village of East Harbor
A SENIOR LIVING COMMUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	**2** 9:00 Kroger (LB) 9:00 Mobility&Stability(HW) 9:00 Men's Coffee (HI) 9:45 Crafting Corner (AR) 10:45 Catholic Service (CH) 11:30 Drumming (AR) 1:30 Tai Chi (AR) 2:30 Scripture Study (CH) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	**3** 9:00 Stretch & Shine (HW) 10:00 Crossword (AR) 10:30 Sit & Stretch (AR) 11:00 Bingo (AR) 1:30 Culinary Committee (BH 2:00 Hand & Foot (AR) 2:30 Inspirational Read (CH) 4:15 Rosary (HI) 6:00 Bridge/Cards (AR)	**4** 9:00 GoldenGrooves(HW) 9:00 Ladies' Coffee (HI) 10:00 Men's Coffee (AR) 11:00 Brain Games (AR) 11:00 Rosary (CH) 11:00 Potluck Bingo IC (LB) 2:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH)	**5** 9:00 StrongFoundations HW 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 FridayFlow (AR) 11:15 Wellness Circle (AR) 3:00 Happy Hour&LCR (AR) 6:00 Games (HI)	**6** 10:30 Bingo (AR) 1:00 Bible Study Revelation (CH) 1:30 Movie (AR) 2:00 Cards and/or Games (HI) 6:00 Cards (AR)
7 11:00 Chapel Service (CH) 1:30 Movie (CH) The Last Rodeo 3:00 Cards & Games (HI) 	**8** 9:00 MondayMomentum HW 9:45 Knit/Crochet (AR) 10:30 Sit&Strength (AR) 11:00 *Fruit* Bingo (AR) 2:30 Bible Study (CH) 2:30 Games (HI) 4:00 Grief Support (CH) 6:00 Dominoes/Cards (HI) 6:00 Quarter Bingo (AR)	**9** 9:00 Meijer (LB) 9:00 Mobility&Stability(HW) 9:00 Men's Coffee (HI) 9:45 Brain Games (AR) 10:45 Catholic Service (CH) 11:30 Drumming (AR) 1:30 Resident's Assoc (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	**10** 9:00 Senior Zoo Day (LB) 9:00 Stretch & Shine (HW) 10:00 Crossword (AR) 10:30 Sit & Stretch (AR) 11:00 Bingo (AR) 2:00 Hand & Foot (AR) 2:30 Karaoke/Singalong (HI) 2:30 Inspirational Read (CH) 4:15 Rosary (HI) 6:00 Bridge/Cards (AR)	**11** **Patriot Day** at the Harbor Inn 4:00-7:00PM featuring the HEARTBREAKERS ◊ LIVE BAND ◊ DANCING ◊ CORNHOLE CONTEST ◊ CRAFT SHOW ◊ CLASSIC CARS ◊ FOOD & CASH BAR 4:00 Parkinson Support (HI)	**12** 9:00 StrongFoundations HW 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 FridayFlow (AR) 11:15 Walk Group (LB) 1:30 Travelogue-Spain (AR) 6:00 Games (HI) Entertainment!	**13** 10:30 Bingo (AR) 1:00 Bible Study Revelation (CH) 1:00 Movie (AR) 2:00 Cards and/or Games (HI) 3:00 Suzi Marsh(AR 6:00 Cards (AR)
14 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)	**15** 9:00 MondayMomentum HW 9:45 Words in Words (AR) 10:30 Sit&Strength (AR) 11:00 Bingo (AR) 1:30 Show & Tell (AR) 2:30 Bible Study (CH) 2:30 Games (HI) 6:00 Dominoes/Cards (HI)	**16** 9:00 Kroger (LB) 9:00 Mobility&Stability(HW) 9:00 Men's Coffee (HI) 9:45 Crafting Corner (AR) 10:45 Catholic Service (CH) 11:30 Balloon Volleyball(AR) 1:30 Tai Chi (AR) 2:30 Scripture Study (CH) 2:30 Quarter Bingo (HI) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	**17** 9:00 Stretch & Shine (HW) 9:45 Shoe Shopping (LB) 10:00 Crossword (AR) 10:30 Sit & Stretch (AR) 11:00 Bingo (AR) 2:00 Hand & Foot (AR) 2:30 Inspirational Read (CH) 3:30 Book Group (AR) 4:15 Rosary (HI) 6:00 Bridge/Cards (AR)	**18** 9:00 GoldenGrooves(HW) 9:00 Ladies' Coffee (HI) 10:00 Men's Coffee (AR) 11:00 Brain Games (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (MR) 1:00 Birthday Entert.(CH) 2:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH) 	**19** 9:00 StrongFoundations HW 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 FridayFlow (AR) 11:15 Wellness Circle (AR) 4:00 Steak Out (LB) 6:00 Games (HI)	**20** 10:30 Bingo (AR) 1:00 Bible Study Revelation (CH) 1:30 Movie (AR) 2:00 Cards and/or Games (HI) 6:00 Cards (AR)

National Assisted Living Week

SEPTEMBER 2025

The Village of East Harbor
A SENIOR LIVING COMMUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 11:00 Chapel Service (CH) 3:00 Cards & Games (HI) 5:00 Potluck (AR) 	**22** 9:00 MondayMomentum HW 9:45 Knit/Crochet (AR) 10:30 Sit&Strength (AR) 11:00 Bingo (AR) 2:30 Bible Study (CH) 2:30 Games (HI) 6:00 Dominoes/Cards (HI)	**23** 9:00 Walmart (LB) 9:00 Mobility&Stability(HW) 9:00 Men's Coffee (HI) 9:45 Brain Games (AR) 10:15 Tech Club (AR) 10:45 Catholic Service (CH) 11:30 Drumming (AR) 1:30 Craft w/Linda (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	**24** 9:00 Stretch & Shine (HW) 10:15 Andiamo (LB) 10:00 Crossword (AR) 10:30 Sit & Stretch (AR) 11:00 Bingo (AR) 2:00 Hand & Foot (AR) 2:30 Karaoke/Singalong (HI) 2:30 Inspirational Read (CH) 3:30 Alzheimer Support (CH) 4:15 Rosary (HI) 6:00 Bridge/Cards (AR)	**25** 9:00 GoldenGrooves(HW) 9:00 Ladies' Coffee (HI) 10:00 Men's Coffee (AR) 11:00 Brain Games (AR) 11:00 Rosary (CH) 11:00 Men/WomenLunchLB 11:30 Drumming Ex. (AR) 3:00 Welcoming Comm(BH 4:00 Harbor Lights (CH)	**26** 9:00 StrongFoundations HW 9:00 Women's Coffee & Manicures (AR) 10:00 Bridge Class (BH) 10:30 FridayFlow (AR) 11:15 Walk Group (LB) 1:15 Bobby G (AR) 2:30 BUNCO (AR) 6:00 Games (HI)	**27** 10:30 Bingo (AR) 1:00 Bible Study Revelation (CH) 1:30 Movie (AR) 2:00 Cards and/or Games (HI) 6:00 Cards (AR)
28 11:00 Chapel Service (CH) 3:00 Cards & Games (HI)	**29** 9:00 MondayMomentum HW 9:45 Color & Coffee (AR) 10:30 Sit&Strength (AR) 11:00 Bingo (AR) 2:30 Bible Study (CH) 2:30 Games (HI) 6:00 Dominoes/Cards (HI)	**30** 9:00 Kroger (LB) 9:00 Mobility&Stability(HW) 9:00 Men's Coffee (HI) 9:45 Crafting Corner (AR) 10:45 Catholic Service (CH) 11:30 Drumming (AR) 1:00 Blakes Orchard (LB) 1:30 Tai Chi (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)				

ALL ACTIVITIES ARE SUBJECT TO CHANGE

KEY

AR-Activity Room
BH-Barnett Hall
CH-Chapel
CM-Capman
BF-Barnett Hall Fitness Center
HI-Harbor Inn Midrise Community Room
HW-Harbor Inn Wellness Center
KH-Kirk Hall
LB-Lobby
MR-Marguerite's Restaurant