

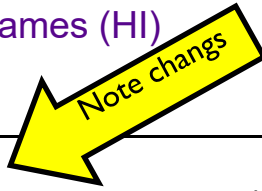
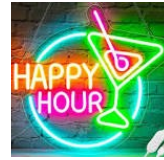


JULY 2026



The Village of
East Harbor
A SENIOR LIVING COMMUNITY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15 Stretch Exercise HW) 9:30 Book Mobile (LB) 10:00 Bingo (AR) 11:15 Seated Stretch (AR) 1:00 Tai Chi (AR) 1:30 Hand & Foot/Cards(AR) 2:30 Inspirational Read (CH) 4:15 Rosary (HI) 6:00 Cards/BoardGames AR 6:00 Games (HI)	2 9:00 Ladies' Coffee (HI) 9:15 Tai Chi & Walk (AR) 10:00 Men's Coffee (AR) 11:00 IC Potluck (LB) 11:00 Rosary (CH) 1:30 Pegs & Jokers (AR) 1:30 Ladies' Nails (AR) 3:00 Parkinson's Dance (HI) 4:00 Harbor Lights (CH) 4:00 Happy Hour (JG) 5:30 Greenfield Village (LB) 6:00 Euchre/Pinochle (AR)	3 No Scheduled Activities 6:00 Games (AR) 6:00 Games (HI)	4  6:00 Cards (AR) 6:00 Games (HI)
5 11:00 Chapel Service (CH) 6:00 Cards & Games (HI)	6 9:15 Cardio Exercise (HW) 10:00 Bingo (AR) 11:15 Seated Cardio (AR) 1:00 Tai Chi (AR) 1:30 Balloon Volleyball (AR) 2:30 Bible Study (CH) 4:00 Grief Support CH) 6:00 Quarter Bingo (AR) 	7 9:00 Men's Coffee (HI) 9:00 Tai Chi & Walk (AR) 9:30 Kroger (LB) 10:00 Crossword (AR) 10:00 Catholic Service (CH) 11:15 Wordle (AR) 1:00 Canvas Craft (CH) 2:30 Bible Study (CH) 2:30 MahJong (AR) 3:00 Bldg&Grds. Mtg (KH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	8 9:15 Stretch Exercise (HW) 10:00 Bingo (AR) 11:15 Seated Stretch (AR) 1:00 Tai Chi (AR) 1:00 Walmart (LB) 1:30 CulinaryComm.Mtg(MR) 1:30 Hand & Foot/Cards(AR) 2:30 Inspirational Read (CH) 3:00 Jeff Cavataio (AR) 4:15 Rosary (HI) 6:00 Cards/BoardGames AR 6:00 Games (HI) 	9 9:00 Ladies' Coffee (HI) 9:00 Tai Chi & Walk (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Pegs & Jokers (AR) 1:30 Ladies' Nails (AR) 2:00 Baseball w/Margo (AR) 2:00 Needle Group (HI) 3:00 Parkinson's Dance (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	10 Pina Colada Day 9:15 Strength Exercise (HW) 10:00 Bridge Class (AR) 11:15 Seated Strength (CH) 1:30 Craft with Pam (AR) 2:30 VVC Party (AR) 4:00 Happy Hour (JG) 6:00 Games (HI) 	11 10:30 Bingo (AR) 1:00 BibleStudy(CH) 2:15 Movie (LB) 6:00 Cards (AR) 6:00 Games (HI)
12 11:00 Chapel Service (CH) 6:00 Cards & Games (HI)	13 9:15 Cardio Exercise (HW) 10:00 Bingo (AR) 11:15 Seated Cardio (AR) 1:00 Tai Chi (AR) 1:30 Balloon Volleyball (AR) 2:30 Bible Study (CH) 3:00 Parkinson'sSupport(HI) 6:00 Games (HI)	14 9:00 Men's Coffee (HI) 9:00 Tai Chi & Walk (AR) 9:30 Kroger (LB) 10:00 Crossword (AR) 10:00 Catholic Service (CH) 11:15 Wordle (AR) 1:00 Canvas Craft (CH) 1:30 Suzi Marsh (AR) 2:30 Bible Study (CH) 2:30 MahJong (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI) 6:00 MSO @ Metro (LB)	15 9:00 UWM Baseball (LB) 9:15 Stretch Exercise (HW) 9:30 Book Mobile (LB) 12:00 Birthday Dinner (MR) 1:30 Entertainment (CH) 3:30 Book Group (AR) 4:15 Rosary (HI) 6:00 Cards/BoardGamesAR 6:00 Games (HI) 	16 9:00 Ladies' Coffee (HI) 9:00 Tai Chi & Walk (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Pegs & Jokers (AR) 1:30 Ladies' Nails (AR) 3:00 Parkinson's Dance (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	17 9:15 StrengthExercise (HW) 10:00 Bridge Class (AR) 10:15 Silent Book Club (CM) 11:15 Seated Strength (CH) 4:00 Happy Hour (JG) 6:00 Games (HI) 	18 10:30 Bingo (AR) 2:15 Movie (AR) 6:00 Cards (AR) 6:00 Games (HI)



JULY 2026



The Village of
East Harbor
A RESIDENT LOVING COMMUNITY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 11:00 Chapel Service (CH) 6:00 Cards & Games (HI)	20 Lollipop Day 9:15 Cardio Ex. (HW) 9:30 Zendoodle (AR) 10:00 Bingo (AR) 11:00 Men/Women Lunch (LB) 11:15 Seated Cardio (AR) 2:00 Baseball w/Margo (AR) 2:30 Bible Study (CH) 6:00 Quarter Bingo (AR) 6:00 Games (HI) 	21 9:00 Men's Coffee (HI) 9:00 Tai Chi & Walk (AR) 9:30 Kroger (LB) 10:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Wordle (AR) 1:00 Meijer (LB) 1:00 Canvas Craft (CH) 2:00 World's Finest (LB) 2:30 Bible Study (CH) 2:30 MahJong Class (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	22 9:15 Stretch Exercise (HW) 10:00 Bingo (AR) 11:15 Seated Stretch (AR) 1:30 Meijer (LB) 1:30 Hand & Foot/Cards (AR) 2:30 Inspirational Read (CH) 3:00 Paul Richie (AR) 3:30 Alzheimer' Support (CH) 4:15 Rosary (HI) 6:00 Cards/Board Games (AR) 6:00 Games (HI)	23 Gorgeous Grandma Day 9:00 Ladies' Coffee (HI) 9:00 B'fast w/ Chaplain (LB) 9:00 Tai Chi & Walk (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:00 Gorgeous Grandma (AR) 1:30 Pegs & Jokers (HI) 2:00 Needle Group (HI) 3:00 Parkinson's Dance (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	24 9:15 Strength Exercise (AR) 10:00 Bridge Class (AR) 11:15 Seated Strength (CH) 1:00 Friday Floats (AR) 1:15 Bobby G (AR) 2:15 Bunco (AR) 4:00 Happy Hour (JG) 6:00 Games (HI)	25 10:30 Bingo (AR) 2:15 Movie (AR) 6:00 Cards (AR) 6:00 Games (HI)
26 11:00 Chapel Service (CH) 6:00 Cards & Games (HI)	27 9:15 Cardio Ex. (HW) 9:30 Zendoodle (AR) 10:00 Bingo (AR) 11:15 Seated Cardio (AR) 1:00 Tai Chi (AR) 1:30 EZ Lift Demo (OT) 2:30 Bible Study (CH) 6:00 Games (HI)	28 Milk Chocolate Day 9:00 Men's Coffee (HI) 9:00 Tai Chi & Walk (AR) 9:30 Kroger (LB) 10:00 Crossword (AR) 10:45 Catholic Service (CH) 11:15 Wordle (AR) 1:00 Canvas Craft (CH) 1:30 Summer Craft (AR) 2:30 Bible Study (CH) 2:30 MahJong Class (AR) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI)	29 9:15 Stretch Exercise (HW) 10:00 Bingo (AR) 11:15 Seated Stretch (AR) 1:00 Tai Chi (AR) 1:30 Hand & Foot/Cards (AR) 2:00 Gary Pillow (AR) 2:30 Inspirational Read (CH) 4:15 Rosary (HI) 6:00 Cards/Board Games (AR) 6:00 Games (HI)	30 9:00 Ladies' Coffee (HI) 9:00 Shoe Shopping (LB) 9:00 Tai Chi & Walk (AR) 10:00 Men's Coffee (AR) 11:00 Rosary (CH) 1:30 Pegs & Jokers (AR) 1:30 Ladies Nails (AR) 2:30 Quarter Bingo (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Games (HI) 	31 9:15 Strength Exercise (HW) 10:00 Bridge Class (AR) 10:15 Silent Book Club (CM) 11:15 Seated Strength (CH) 4:00 Happy Hour (JG) 4:30 Footloose (LB) 6:00 Games (HI)	
					KEY AR-Activity Room BH-Barnett Hall CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HL-Harbor Inn Lobby HW-Health & Wellness Center KH-Kirk Hall LB-Lobby MR-Marguerite's Restaurant	

ALL ACTIVITIES ARE SUBJECT TO CHANGE