

# 🌞 Village Trumpet 🌞



## **Embrace the possibilities**

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

April 2022



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The Village of East Harbor

A SENIOR LIVING COMMUNITY



Look for PVM on:











A madcap musical celebration that centers around the highlights and challenges of the service industry. Enjoy numbers from Broadway's biggest shows including Waitress, Something Rotten!, 9 to 5, and The Wedding Singer.

> **Wednesday, April 6 10:00am** Chapel

**Coffee & Donuts Following in AR** 

Rockin' at The Village for Friends & Family Kick-Off Celebration

> Dress in your favorite rock and roll era to support the Friends & Family campaign Celebration! If we reach our goal we'll get an additional \$5000.

> > Thursday, April 14 1:30pm ~ Chapel

Bring your donation form and spin to win a prize!

#### FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



April Showers bring May flowers. I don't know about you but I am more excited for our campus to be in full bloom than ever before. I feel like we are in restart mode. The New Year we were still involved in Covid-19 outbreaks and restrictions. This is a new beginning and a restart of all our campus activities and events. We have some time to make up!

April is our kick off for friends and family. On April 14<sup>th</sup>, mum's the word but we are also celebrating David's 35 years of service. We are celebrating the decades starting with the 80's, 90's, and current. Come dressed up in your favorite decade. It will be a fun party. We have performances planned and some special surprises. Hope you can make it.

May 5, we invite you to celebrate Cinco De Mayo in our new Bistro and Fitness Center. Enjoy Mexican fare and come and see how everything turned out.

Join us for a ribbon cutting on June 16<sup>th</sup> in the Harbor Mid-rise building. Hawaiian Dancers, flame throwers, and more to celebrate the Grand Opening of our new Mid-rise building. Enjoy a tour of the new building. I say "our" because all of these improvements are for all of us to enjoy. We will have programming throughout the campus.

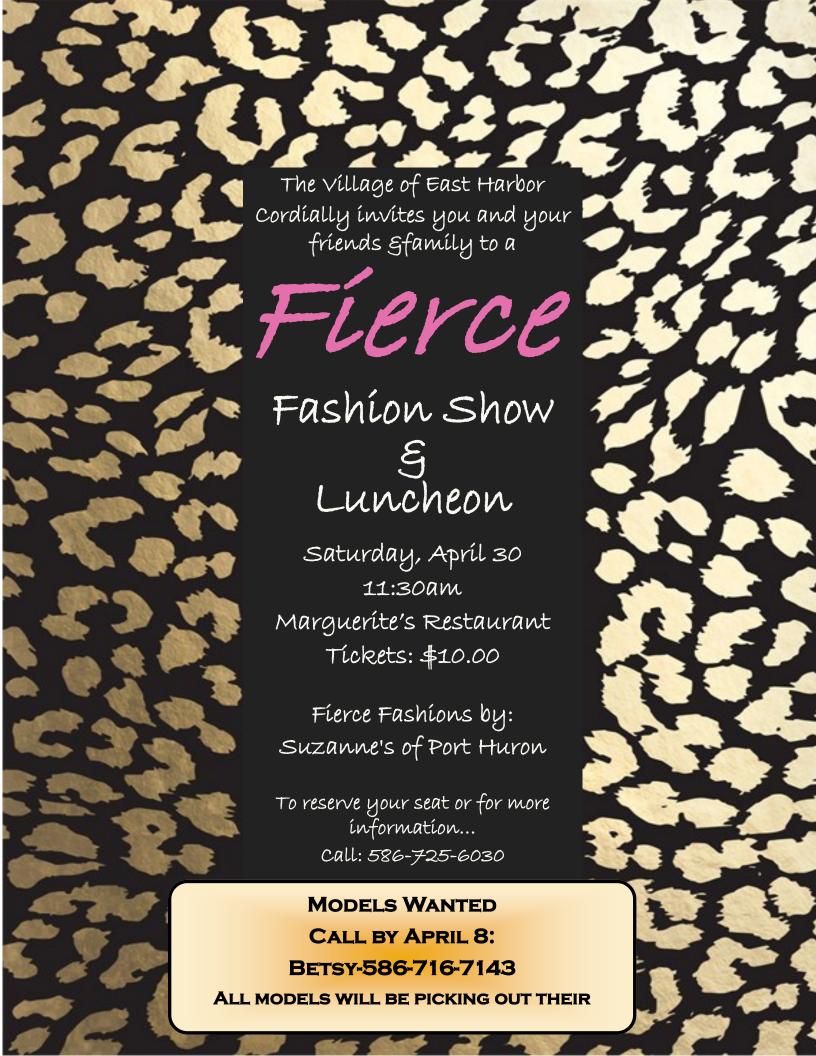
Speaking of programming, the Beatles tribute concert will be held July 15<sup>th</sup> in the parking lot by the Harbor Inn. Betsy has seen them perform and she said it is definitely a fun time that you won't want to miss. We will have a food truck and dancing. If dancing is not in the cards, enjoy the music! Wear your favorite 60's attire if you want.

During the last few months we have been working on having our own website. Check it out at <a href="https://www.thevillageofeastharbor.com">www.thevillageofeastharbor.com</a>. Virtual tours will be available for you to view or share with friends and family. They can see where you live and you can direct them to the website to see what our Village is all about. We hope to go live sometime this month. Watch for more announcements.

If you haven't checked out our Facebook page, *The Village of East Harbor*, please like the page and enjoy keeping up on events and see your Village friends. Please ask your family and friends to like our page.

Don't forget we love referrals and love paying referral bonuses to our residents when their friends or families mention your name and move in.

Happy Spring! Carolyn Martin



St Patrick's Day Party

















#### **WELCOME HOME NEW RESIDENTS**

We welcome these new residents to our Village of East Harbor Family

Jeffrey Bobb —616 Barnett

David Carey — D 402

Lucille Cope—500

Jane Micallef—604

Pauline Said—119

To share timely information regarding COVID-19, we have set up a toll-free number for our residents, families and staff.

Call our Community Care Line at: 888-412-5999

You can get the latest report straight from David at The Village of East Harbor

## PODIATRIST



Call

Kristi Schons

Phone: 248-693-7700

For Appointments

All podiatry appointments should be made directly to the number listed above.



#### Inspirational Dance Celebration of Easter through dance



Saturday, April 9 2:00pm Chapel



Birthday Entertainment Featuring...

Bob Gracin - The Jazz King

Thursday, April 21 1:30pm- Chapel

Cake & Coffee immediately following Activity Room



Come help prepare the Activity Courtyard for spring planting with the American Heritage Girls.

Saturday, April 23

10:30 am



# The Village of East Harbor RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, April 12

Location: Marguerite's Restaurant

**Time: 1:30pm** 

All Residen<mark>ts are in</mark>vited and <mark>encourage</mark>d to att<mark>en</mark>d.

#### JUST A REMINDER...

#### Committee Meetings are open to ALL Residents!

#### **Building & Grounds**

Meets the 1st Tuesday of the month at 3:00pm in Marguerite's Restaurant. This month will meet Tuesday, April 5 at 3:00pm.

#### **Culinary Committee**

Will Meet the 1st Wednesday of the month at 3:00pm in Marguerite's restaurant. This month will meet Wednesday, April 6 at 3:00pm.



#### From The Desk Of Chaplain Laura...

## APRIL-HAPPY EASTER!!

PALM SUNDAY, GOOD FRIDAY, AND EASTER IS UPON US. A TIME TO CELEBRATE OUR LORD!



Join us in the Chapel April 10 for a special Palm Sunday service at 11am to celebrate the welcoming of Christ prior to His crucifixion.

During Holy Week, we focus on the arrival, crucifixion, and resurrection of our Lord and Savior, Jesus Christ through readings, prayer, and Lent.

His resurrection proves he was exactly who He said He was. The public saw him on the cross with the spear in his side. He was buried in a tomb and rose 3 days later, appearing to his disciples and over 500 witnesses.

The resurrection proves his authority and the importance of his teachings.

It proves, according to the Scriptures, that His resurrection guarantees all believers and followers that the penalty for our sins has been paid in full.

The resurrection guarantees Jesus' return for all believers; sin will be judged, and the death of our physical body is not final.

Our hope is in Christ and what took place at the cross; There is new hope for a new life in Him, which is why we rejoice! He laid down his own life, yet- HE HAS RISEN INDEED!!

Let us always remember the incredible importance of Jesus' resurrection, which is the anchor of every hope we have and ultimately the anchor of hope for all mankind (Hebrews 6:17-20).

Please join us for our 11am Sunday services including Palm Sunday and Easter Sunday in the Chapel.

**Sundays- 11 am** Service; **Tuesdays-** Bible Study; **Wednesdays-** Bible Trivia and Games; **Thursdays-** Inspirational Reading.

<u>All held at 2:30 in the Chapel.</u>

Watch the Chapel Board for pop-up craft project days and times!

<u>CATHOLIC SERVICES</u> resume the first Tuesday each month at 10:00 am in the Chapel beginning April.

HAPPY EASTER!!!, Chaplain Laura Stone



# CHAPLAIN'S CORNER APRIL, 2022

# HAPPY EASTER!! "HE HAS RISEN JUST AS HE SAID!" HIGHLIGHTS OF SPIRITUAL PROGRAMS



#### IN THE CHAPEL:

It is with great joy to announce that the Deacon from St Mary's Queen of Creation will be returning for Catholic services on the first Tuesday of every month at 10am!!

- Sunday Church Services in the Chapel at 11am. All are invited to attend all services
- Palm Sunday Service in the Chapel on April 10 at 11:00am. Join us to celebrate the arrival of Jesus into Jerusalem and receive your palm.
  - We will have an Easter Sunday Service at 11am in the Chapel on Sunday April 17.
- Every Tuesday at 2:30 beginner and intermediate BIBLE STUDY in the Chapel. Join us for discussion, sharing, and fellowship
  - Every Wednesday at 2:30—Bible Trivia and Biblical games. Come join us for fun and fellowship. We have a great time!
  - Every Thursday at 2:30— **Inspirational Reading**. We read inspiring poems and short stories, have discussion and reminisce. This is a great time to have discussion with others and meet new people. Consider joining us some time.

If you have Spiritual needs or would like a visit from me, please ask your staff person to contact me or you may call me directly at (586) 424-5674. I will come to visit, pray, or provide communion.

ALL ARE WELCOME TO COME TO THE CHAPEL PROGRAMS.

LET YOUR STAFF KNOW IF YOU WANT TO ATTEND AND THEY WILL BRING YOU.

**BLESSINGS TO YOU THIS EASTER SEASON** 

**Chaplain Laura** 



#### **Health and Wellness News**

### April is Parkinson's Awareness Month

#### 10 Early signs of Parkinson's Disease

According to the Parkinson's Foundation, no single one of these signs means that you should worry, but if you have more than one sign, consider making an appointment to talk to your doctor.

Tremors "Masked" face Dizziness or fainting

Small handwriting Loss of smell Constipation

Trouble moving or walking Trouble sleeping Stooping or hunching over

Soft or low voice

Keep in mind that many of the above listed symptoms can be caused by any number of reasons, not just Parkinson's Disease. It is important to know yourself and your body and consult with your doctor with any concerns regarding your health and wellness.

Exercise programs are recommended for most ALL senior individualsand are especially beneficial for those managing the symptoms of Parkinson's Disease-include the following:

Aerobic activity, Strength training, Balance and agility Flexibility, Multitasking exercises

We offer all of this and more here at the Village of East Harbor!

Check your calendar for classes in the new Health and Wellness Center!

Don't forget that the original Fitness Center located in Barnett Hall is still open for business and getting some updates, too! Need more exercise options?

All of the current exercise programs will still continue throughout the building and on Channel 3 as well!

What a great time to make your personal fitness goals a priority!!

For more information on any of the above, or for anything else fitness related, please contact: **cgorde@pvm.org** OR **586-716-7385** 

## Memoir Writing Made Easy

#### **EVERYONE HAS A STORY TO TELL!!**

This group meets once a week to share stories and practice writing. You don't have to be a good writer to share your memories.

Mondays 2:30pm Activity Room

#### **Crochet and Knitting**

Join Us for some Yarn Therapy
All levels Welcome!

1st & 3rd Tuesday 2:30pm—Activity Room

You will have the option to donate your creations to those in need.

### Card Players Wanted!

Check calendar for games being played.



Monday-Thursday 6:00pm Activity Room



Sing along with Harbor Lights to all your old favorites songs or learn some new ones!

Thursdays-4:00pm-Chapel



Hand & Foot
Wednesdays
1:30pm
Activity Room



#### **BUNCO**

Friday, April 29 1:30pm Activity Room

#### **Specialty Bingo**

Monday, April 18 ~ Animal Cracker Bingo
Wednesday, April 13 ~ Donut Bingo
Wednesday, April 27 ~ Coffee Cake Bingo

## PINEAPPLE UPSIDE DOWN CAKE DAY

MAKE YOUR OWN MINI CAKE



WEDNESDAY, APRIL 20 11:00Am ~ ACTIVITY ROOM



# EASTER DOOR HANGER

Paint a door hanger Thursday, April 7 1:30pm Activity Room **Candlelight Concert** 











**Spring Craft** 











**Buddy's** 



Lorenzo
Cultural
Center





## **EXCURSIONS**

Wednesday. April 6

Salvation Army

1:00pm

Buy an outfit for Friends & Family Rockin' Kick-Off

Thursday, April 7

Lorenzo Cultural Center—Lighthouses 10:00am Free

Monday, April 11

**TopGolf** 

9:00am \$10.00

Money due April 4 Lunch & Drinks on your own

Wednesday. April 13

Father Solanus Casey

10:00am

Donation—On your own

Wednesday, April 20

Men's Lunch—Voyageur

11:30am

\$\$\$ On your own

Wednesday, April 27

Women's Lunch—Red Robin

11:30am

\$\$\$ On your own

Friday, April 22

Who Makes the Best Pizza Contest Louie's

11:30am \$\$\$ On your own

## TRANSPORTATION SERVICES

Sign up for outings either in the Activity Room in the Binder or call Ann Marie: 586-716-7142

Space is limited!

Before making appointments, Please call Ann Marie for availability.

Ann Marie: 586-716-7142

Transportation services outside of Chesterfield are subject to charge.

BEFORE GOING ON ANY TRIPS YOU
MUST EMPTY YOUR WALKER!
WE WILL NOT LOAD WALKERS THAT
ARE FULL.



a new musical beach party

Thursday, May 12

Tickets: \$30 Money Due: May 2 Dinner at

Dinner at

Show starts: 7:30pm



**Excursions & Activities** 

May be CANCELED at anytime without prior notice due to COVID outbreaks, weather conditions or illness.

## **Directory**

| Directo                               | - 3          |
|---------------------------------------|--------------|
| Accounting                            |              |
| Tracy Tesch                           | 716-7408     |
| Activity Lead A/L & I/L               |              |
| Betsy Mianecki                        | 716-7143     |
| Administrator                         |              |
| Carolyn Martin                        | 716-7221     |
| Admissions Coordinator TCU            |              |
| Beth Humble                           | 716-7427     |
| Assisted Living Nurse                 |              |
| Denise Klimaszewski                   | 716-7115     |
| Beauty Salon                          |              |
| Appointments                          | 716-7180     |
| Chaplain                              |              |
| Laura Stone                           | 716-7438     |
| Community Liason                      | 740 7005     |
| Sue McCallum                          | 716-7395     |
| Dining Services Mgr.                  | 740 7440     |
| Hisam Chowdury                        | 716-7419     |
| Director of Nursing Jeff Robinson     | 746 7446     |
| Driver                                | 716-7416     |
| Ann Marie Hart                        | 716-7142     |
| Environmental Serv. Adm. Ass          | =            |
| Michelle Willer                       | 716-7418     |
| Executive Director                    | 710-7410     |
| David Miller                          | 716-7410     |
| Fitness Specialist                    |              |
| Chris Gorde                           | 716-7385     |
| Front Desk                            |              |
| Receptionist                          | 725-6030     |
| Haven Hall Nurse                      |              |
| Derek Vanhaaren                       | 716-7384     |
| Housekeeping / Laundry Mgr.           |              |
| Teri Lynn Taylor                      | 716-7418     |
| Maintenance Work Request              |              |
| Front Desk                            | 725-6030     |
| Maintenance                           |              |
| Emergencies After 11:00pm             | 248-996-2470 |
| HCC Activity/Volunteer Mgr.           |              |
| Sheri Stover                          | 716-7021     |
| Physical Therapy Mgr.                 | 740 7000     |
| Kim Frabotta, Agility Therapy         | 716-7398     |
| Resident Care Mgr.                    | 740 7400     |
| Toni Greig                            | 716-7426     |
| Sales & Leasing Specialist  Liz Eland | 716-7223     |
|                                       | 716-7223     |
| Peggy Carroll Kathy Moore             | 716-7397     |
| Kathy Moore                           | 1 10-1 103   |



4/07 Donna Durre

4/09 Carol Mallory

4/09 Ruth Offenbacher

4/14 Robert Bradley

4/18 Ruth Nichols

4/18 Joyce Walker

4/20 Peter Batts

4/20 Frank Gitre

4/21 Pauline Said

4/24 Nancy Streit

4/25 Jean Campbell

4/25 Pat Mikle

4/28 Linda Aderman



n i g h t

# Saturday, April 23 6:30-? BISTRO

## Bring your favorite game

Snacks & drinks will be provided

RSVP by: April 18

Betsy-586-716-7143

