



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

July 2024



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



The Village of East Harbor presents...



TIGERTALK

Tiger's Memorabilia

with

Todd Walters

Tiger's Highlights

Friday, July 12

10:00am

Activity Room

Village Victory Cup Celebration Party

Thursday, July 18

1:30pm

Activity Room

Everyone is invited to celebrate our Pirates.



Steven Huber
3rd place
Hoop Shoots

Balloon Volleyball Team



Puzzler Team
1st place



Janet Lickman
1st place
Hoop Shoots



The weather has presented several challenges recently, including unusually hard and fast rain, fallen trees taking down power lines, and extreme temperatures. While we cannot control power outages or the weather, please note that the village is considered a priority when power goes out.

Not all parts of the campus are on generators. However, we do have designated “red plugs” in the main building that potentially could be available in case of emergency. While you can come in the main building for relief, please be aware there are no rooms for overnight stays. Therefore, it is advisable to have a backup plan, such as staying with friends or relatives in case of extended power outages or severe weather conditions.

Please note that dogs must be leashed at all time and attended to. Additional, dog waste must be cleaned up immediately. While we love your pets, we do not appreciate their mess.

Watch for a new activity schedule to include afternoon programming in the Harbor Inn. Everyone is welcome and encouraged to participate. Hope to see you drop by.

Congratulations to our Village Victory Cup participants. I was told everyone had a great time representing The Village of East Harbor. Thank you to Coach Chris who made sure everyone had plenty of practice time and good laughs. The best part is watching the comradery and joyful participation. Win or lose it was a great time had by all.

The Secretary of State will be here, July 8th from 10:00am-3:00pm in Kirk Hall. It is a great convenience set up by Betsy for you to be able to get a new ID, license, tags and disability parking tag. The things you would normally do at a location. Take advantage of this wonderful opportunity.

Have a safe and enjoyable 4th of July,

Carolyn



Selfridge Tour

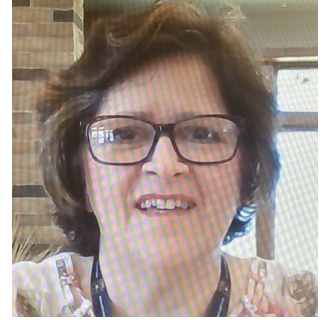


Central Station Open House





*From The Desk Of
Chaplain Laura...*



JULY

Happy Independence Day!!

The Declaration of Independence

"The Want, Will, and Hopes of the People."

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--"

Long before the July 4, 1776 signing of the Declaration of Independence, God gave us our independence by instituting Life, Liberty, and the Pursuit of Happiness. Through Christ, we have many freedoms and rights.

Galatians 5:13- "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh, rather, serve one another humbly in love."

Our freedoms are meant to serve others. In what ways can you serve?

Join us Sunday, July 14 for an **ICE CREAM SOCIAL** at 1:00 in AR

Monday July 8 and 22, join us in the Midrise to make a beautiful cross sun catcher. See the Chapel Bulletin board to view a sample.

For those who drive or can get a ride—Saturday & Sunday, July 13 & 14—**Immaculate Conception Church Summer Festival**. Free admission/parking.

NO POT LUCK BINGO IN JULY. We will attend again on August 1.

I am here for whatever needs you may have. For weddings, funerals, funeral planning (I highly recommend funeral service planning), baptisms, christenings, and more. If you have a need of supplies or assistance in any way, please contact me at (586) 424-5674. Check your calendar and the Chapel board across from the Chapel for news and updates.

*In His Service,
Chaplain Laura Stone*

Health and Wellness News



Christina Nahorodny, Fitness Specialist

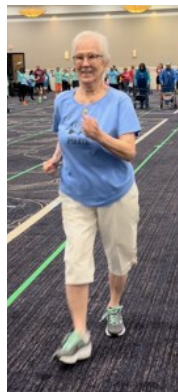
Village Victory Cup on June 21st was a huge success! There were 17 Villages present, including over 300 residents! Although the Woodbridge Wildcats took home the cup, our own East Harbor Pirates did an amazing job and earned several medals!

In the Hoop Shoot competition, Steven Huber earned a bronze medal in his age group, making 9 out of 12 shots and Janet Lickman earned the gold, making 12 out of 12 shots! The East Harbor Pirates also took home the gold medal in the puzzler! The team, consisting of Joan Rifenberg, Lucia Marshall, Janet an Zitka, made the most progress out of all of the competing Villages. They completed all but 6 pieces of a 100 piece puzzle

before the 15 minute timer concluded the game! What an awesome accomplishment!! Let's keep the momentum going by continuing to practice the games year-round! There is a follow-up meeting scheduled for July 16th to discuss the event and any ideas on how to make it even better next year. If you have any suggestions, please let me know before then so that



Any resident wishing to use the Fitness Centers MUST have an orientation and updated paperwork on file. Please contact Chris Nahorodny, Fitness Specialist, to schedule your orientation, Hydroworx appointment or anything else fitness related cgorde@pvm.org or 586-716-7385



RESIDENT ASSOCIATION MONTHLY MEETING

On hiatus till September.
Have a wonderful summer!

JUST A REMINDER...Committee

Meetings are open to ALL Residents!

Building & Grounds

Meets Tues., July 2 at 3:00pm in KH.

Culinary Committee

Meets Wed., July 3 at 3:00pm in KH



Michigan Secretary of State
Mobile Office is coming to The Village of East Harbor
Monday, July 8
10:00am-3:00pm
Kirk Hall

First time Michigan ID • Renew Driver's License or State ID
Transfer Title • Apply/Renew Disability Placard
For more info or to schedule an appointment, contact
Betsy-586-716-7143

CMPL Library for the Blind

It's not just for people who are blind!
Join this presentation to explore programs, services, resources and adaptive technology not only for those who are blind but also those with physical and reading disabilities.

Tuesday, July 9

1:30pm

Activity Room

Northbrook Students Visit & Bingo

Wednesday, July 10

1:00pm

Activity Room



RESIDENT PICNIC-POT LUCK BRANDENBURG PARK ACTIVITIES WILL PROVIDE HOT DOGS



JULY 11-11:30AM

SIGN UP WHAT YOU WOULD LIKE TO BRING

PROJECT INCLUDE

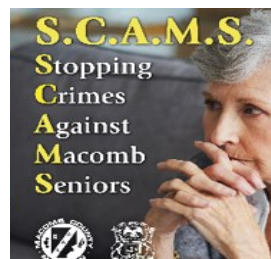
CMU College of Medicine and PVM with funding from the Michigan Health Endowment Fund are aiming to reduce social isolation and loneliness (SIL) in older adults.

A group will be visiting our campus and presenting to our residents about project INCLUDE an social isolation. They will be conducting surveys to help reduce SIL.

Please join us for this very informative presentation.

Tuesday, July 16

1:30pm—Activity Room



PREVENTING SENIOR SCAMS PRESENTATION

With Peter J. Lucido,
Macomb County Prosecutor

Tuesday, July 23

1:30pm

Activity Room

RSVP - Betsy- 586-716-7143 or
sign up in the book



Make a Bracelet
Wednesday, July 3
Activity Room ~ 2:30 pm
 You **MUST** sign up in book



TIGERS BUNCO
Friday, July 12
1:30pm
Activity Room
 You **MUST** sign up!

BRING YOUR QUARTERS!



Monday
July 22
6:00 pm
Activity Room



Paint a Wooden Flower
Monday, July 25
2:00 pm
Harbor Inn Community Room
YOU MUST SIGN UP IN THE BOOK!!!!

JULY BIRTHDAY DINNER



THURSDAY, JULY 18
12:00 PM
MARGUERITE'S RESTAURANT
 PURCHASE YOUR TICKETS AT THE
 FRONT DESK

**VVC PARTY, KARAOKE &
 GAMES**
1:30PM ACTIVITY ROOM

PARKINSON'S SUPPORT GROUP

Second Thursday of the month

Thursday, June 13 at 4:00 pm
Activity Room

This meeting is open to everyone, people with Parkinson's, family and caregivers.

Alzheimer's Caregiver Support Group

This support group is for caregivers affected by Alzheimer's disease or a related dementia.

Wednesday, June 26
Support Group -3:30 pm
Kleeman Chapel

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

- Joyce Anderson—120 Kirk
- Leo Moreau—603 Barnett
- Adele Skibba—100 Kirk
- Sharon Schultz—L-2

EXCURSIONS

Thursday July 11

Brandenburg Park Picnic

11:30am

Hot Dogs will be supplied

Pot Luck

Sign up what you would like to bring

Friday, July 19

Pin-Up Girls

Riverbank

3:30pm

\$38.00

Sold out

Dinner at Riviera

On your own

Wednesday, July 24

Men's Lunch

Cabana Blue

11:30am

\$\$\$ on your own

Friday, July 26

DSO

Elvis

9:00 am

\$56.00

Sold out

Monday, July 29

Smokehouse

Lunch & Shopping

10:00am

\$\$\$ on your own

Wednesday, July 31

Women's Lunch

Cabana Blue

11:30am

\$\$\$ on your own

Tuesday, August 13

Eastern Market

8:30am

\$\$\$ on your own

Wednesday, August 14

MJR Theater

Movie to be announced

1:15pm

Free sponsored by Victor Whang

The InsuranceWarehouse

Thursday, August 29

Tigers-v-Angels

11:00 am

\$34.00

Money Due July 17

Thursday, September 5

Fiddler on the Roof

Boardwalk

3:30pm

\$38.00

Money Due August 5

Sign up for outings in the
Binder in the Activity Room or
call Ann Marie: 586-716-7142
Space is limited!

Directory



Accounting <i>Tracy Tesch</i>	716-7408
Activity Supervisor AL/IL <i>Betsy Mianecki</i>	716-7143
Administrator <i>Carolyn Martin</i>	716-7221
Beauty Salon <i>Appointments</i>	716-7180
Chaplain <i>Laura Stone</i>	716-7438
Dining Services Mgr. <i>Brandon Lewis</i>	716-7419
Director of Nursing <i>Karolina Jones</i>	716-7416
Driver <i>Ann Marie Hart</i>	716-7142
Executive Director <i>David Miller</i>	716-7410
Fitness Specialist <i>Chris Nahorodny</i>	716-7385
Front Desk <i>Receptionist</i>	725-6030
Harbor Inn-Admin. Asst. <i>Beth Humble</i>	586-273-2440
Harbor Inn Manager	586-273-2559
Housekeeping / Laundry Mgr. <i>Michelle Willer</i>	716-7418
Maintenance Work Request <i>Front Desk</i>	725-6030
Maintenance <i>Emergencies After 11:00 pm</i>	248-996-2470
Marketing Manager <i>Sue McCallum</i>	907-3709 273-2457
Outpatient Therapy	273-2457
Physical Therapy Mgr. <i>Kim Frabotta, Agility Therapy</i>	716-7398
Rehab Admissions <i>Jen Moreno</i>	716-7427
<i>Darcy Stalker</i>	716-7183
Resident Care Mgr. <i>Toni Greig</i>	716-7426
Sales & Leasing Specialist <i>Kathy Moore</i>	716-7039

7/01 Louise Edwards

7/01 Joanne Mowery

7/04 Joyce Sawyer

7/04 Grace Schmuck

7/05 Ann Parski

7/07 Maddalene Coletti

7/10 Virginia Masel

7/13 Glenn Bonino

7/14 Henry August

7/15 Geraldine Bellak

7/20 Marilyn Shaheen

7/23 Ralph Henry

7/26 Juliann Thomas

7/27 David Harrison

7/30 Hank Hughes

7/31 Dewey Collins

7/31 Patrick McKenna

Receive a FREE Birthday Meal at Birthday
Dinner on your Birth month!
And one guest at 1/2 off!