The Village of East Harbor



### **Embrace the possibilities**

**Δnril 2017** 

33875 Kiely Drive • Chesterfield Michigan 48047 • www.pvm.org

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<section-header><section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header></section-header>	Friends & Family Tuesday, A 2:30pn Chape Your Guest Host ~ Mr. Featuring ~ The Residents of The V	pril 11 n l David Miller

## **Giving Matters.**

By Paul J. Miller, CFRE, President, PVM Foundation

#### Why does Friends & Family campaign matter? Giving to your local Village = residents' power to choose.

Friends and Family is a time when residents can look around and say, "What is the number one thing we need?"

Sometimes it's funds for resident activities combating isolation.

Sometimes it's technology upgrades tools to stay connected.

*Always,* it's something important to the residents that can't be done by the Village alone. Residents can't do it without you. Below are the PVM residents' wish lists:

sh
<u>Enhancements</u> The Village of Oakland Woods
The Village of Spring Meadows

#### Visit PVMF.org to see more and to learn how YOU can help.

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org. Warm regards,

Paul J. Miller, CFRE

\* and Community Space Enhancements

The Village of Warren Glenn

#### FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:

Renee the Clydesdale came to visit our community and it was Pet Therapy on Steroids. We decided to try something we have never done before. Some thought it was crazy and others just wanted to see for their own eyes a horse visiting residents inside the building. Many of our seniors have mobility issues and can not go outside. We wanted to engage them with a new experience. The event turned out to be one of the most memorable and moving experiences on our campus. The big Clydesdale horse brought out everyone. Including staff, families, and residents. Seeing a horse roaming the halls was a sight to behold! Some who rarely socialize wanted to pet and see the



big beautiful Clydesdale. The emotional encounter between the horse and residents was touching. Renee the horse put her head in some of the residents laps who were wheel chair bound. She instinctively seemed to know how to greet and meet and connected with the residents. The visit was scheduled for an hour. It became evident she would not be able to see everyone in Healthcare, Memory Care, Assisted Living, and greet residents in the Activity room in one hour. Her owner, Margie Provenzano was so moved by the reaction of our residents she agreed to stay until everyone had a chance to engage with Clydesdale Renee, affectionately known as Neigh-Neigh.

Numerous pictures were taken and shared, including some great shots by Bill Borum husband of Gina, one of our Healthcare residents. The Macomb daily featured a front page story. That story was picked up by social media and next thing you know the story went national, and international. Pictures and articles are being shared everywhere. Pinterest, Redditt, AARP, Boston News, Tampa News, The Today Show website... to name a few of the sites where our story has landed. If you are interested in reading more, look us up on Facebook, The Village of East Harbor, and find pictures and more articles.

On another note, We are kicking off our Friends and Family campaign. This years kick off event, To Tell the Truth, promises to be an entertaining afternoon. Join in the fun and see if you can tell who is really Telling the Truth. Enjoy refreshments and drawings for prizes. Funds that are donated will be put towards the new health and wellness center. Sample exercise equipment will be located in the lobby enabling you to see what your donations could be used for.

Excitement is Building (pun intended) as we continue to move forward with improving our campus for you and future residents.

Happy Spring, Carolyn Martin

## MARKETING

Happy Spring to everyone from the Sales/Leasing/Admissions Department!

There is a bunch of daffodils currently in full bloom in one of our courtyards, and hopefully your flowers will be popping up and blessing you with their splendor soon. We encourage plantings around your apartments, but as you know, if you plant flowers, you must maintain them. It is the responsibility of the maintenance department and grounds crew to maintain everything already in place. If you would like a copy of our rules for plantings, please stop in and see Nancy or Peggy in the Sales/Leasing office.



As you venture out, you will notice that our new construction has started! These are improvements to our nursing area, rehab, main building, memory care, and assisted living initially, but the exciting new 3-story midrise apartment building is proposed for the second phase, with possible completion in about 2 years. Now there will be even more great options for senior living! Make sure to tell your friends and family, as we are working on a wait list right now – it's not too early to plan ahead!

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The Village of East Harbor Skilled Nursing and Rehab Health Care Center is happy to announce that we now are a preferred provider and can accept HAP insurance.

Please note this for future reference if you carry HAP insurance.



Edwin & Judith Wullaert—S504

#### **Alzheimer's Support Group**

Hosted by Pauline Zeig 3rd Tuesday of every month 2:00pm Chapel





Palm Sunday Service – April9, 11:00am – Chapel Good Friday Service-April 14, 11:00am – Chapel Easter Sunday-April 16, 11:00am – Chapel

#### JUST A REMINDER...Committee Meetings are open to ALL Residents!

**Building & Grounds** Meets the 1st Tuesday of every month at 2:30pm in Kirk Hall.

**Communication Committee** Meets the 1st Wednesday of every month at 3:00pm in the Conference Room.



Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.

#### Welcoming Committee

Meets 2 times a year, 1st Thursday of the month at 1:30pm in Dining RM. (Will meet April 6)

#### WHERE IN THE WORLD HAS OUR VEH JACKET BEEN?





Joan Lehoczky and Elaine Walton were recently spotted in Florida and Bahamas wearing their Village of East Harbor jackets.

#### UNFORGETTABLE

I remember the night we met, As I recall it happened by chance. I remember the perfume you wore. I remember our first dance. I remember your eyes; As if on fire they glittered so bright. They were as clear as a raindrop; Like the stars on a clear summer's night.

> Remember your smile; Your perfect white teeth. I remember your nose; Upturned but petite. I remember your lips; The burning kiss. A growing desire; Eternal bliss!

I remember your face; So delicate - - so fair. I remember your soft hands; Fingers entangling my hair. I remember our hearts touching; Together - beating as one. Dancing on forever and ever though the music was done.

I remember our talk of the future, of hardships and joy. You wanted at least five kids, I - a girl and a boy. I've known you three hours. Three six packs of beer. Softly whisper your name — I'v forgotten it my dear!

By: Chuck Kisandi

# Fitness Center NEWS

### April is National Stress Awareness Month

Exercise is a terrific stress reliever, especially those that promote deep breathing , mindfulness and slow, flowing movements!

Some to try:

Tai Chi : Wednesdays at 9:00am

Seated Tai Chi : Tuesdays at 2:30pm

Tai Chi Stretch : Fridays at 11:15am

Stretch and Relax: Mondays and Wednesdays at 11:15am

Check out our April fitness calendar to see what classes suit you best!



Wellness works is a hand's on apothecary class where you will make homemade, all natural bath & body products. <u>Please sign up for this workshop in the binder located</u> in the front lobby!

**When:** The 3<sup>rd</sup> Thursday of every month

Time: 2:30

Where: Activity Room



## **APRIL EXCURSIONS.....**

#### Wednesday, April 5

*Women's Lunch Mexican Village/Debby Dollar* 11:30am Lobby

#### Wednesday, April 12

*Listen & Love* 9:30am Lobby

#### Tuesday, April 18

*Men's Lunch Bad Brad's 11:00am Lobby* 

#### Wednesday, April 19

*Listen & Love* 9:30am Lobby

#### Wednesday, April 26

*Listen & Love* 9:30am Lobby *Wednesday, April 26* I Love a Piano-Meadowbrook Theatre *12:00pm* 

Lobby

Friday, April 28

Lorenzo Cultural Center The Edmund Fitzgerald Investigations Presentation 9:30am Lobby

#### **UPCOMING EXCURSIONS.....**

Coming in May...

*Mystery Tour Date & time to be announced* 

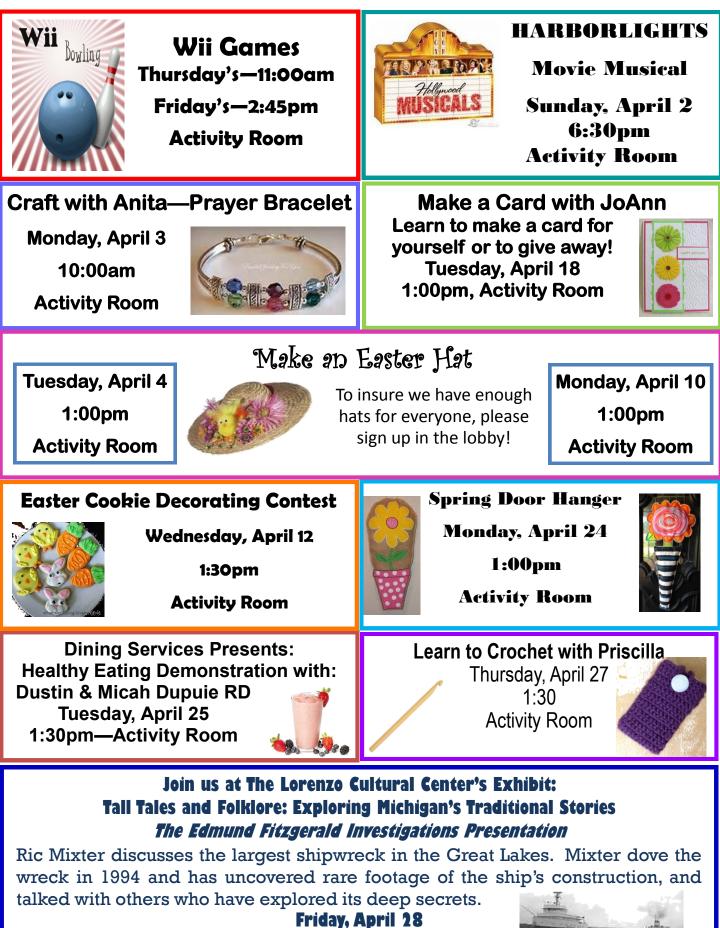
#### DON'T GET LEFT BEHIND!

You <u>MUST</u> sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

There must be 6 or more signed up or trips may be subject to cancellation.

Great Lakes Legal will provide legal service by appoint. only.

Please call Anita Wenzel, Lead Attorney (313) 937-8282



1 1:30- Lobby



# Not so Newlywed Game Dinner



## Men's Lunch Bobby Mac's









# Clydesdale Horse Renee's Visit

















## Pewabic Pottery & Atwater Brewery







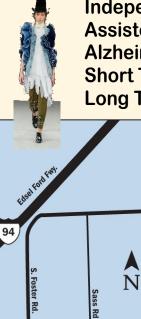








## Saturday • May 13. 2017 • 12pm



23 Mile Rd.

**Independent Living Assisted Living** Alzheimer's Care Short Term Rehab Long Term Care

24 Mile Rd.

23 Mile Rd

The Village of East Harbor invites you to enjoy a Mother's Day Celebration luncheon, fashion show and shopping. Bring a friend, and reserve a table. Tickets are \$10 Tickets are limited. Please call Betsy 586-716-7143.

**WEAR YOUR FAVORITE HAT!** 



For more information call 586.725.6030

TTY# 800.649.3777

www.pvm.org

The Village of East Harbor is located on Kiely Drive just south of 23 Mile Rd. in Chesterfield

33875 Kiely Drive Chesterfield, MI 48047-3604





🛃 A Mission of Presbyterian Villages of Michigan

www.pvm.org

### Directory

AccountingTracy Tesch716-7408Activity Lead A/L & I/L716-7143Betsy Mianecki716-7143Admissions Specialist T.C.U
Activity Lead A/L & I/L Betsy Mianecki 716-7143
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Admissions Specialist T.C.U
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Sue McCallum 716-7427
Assisted Living Nurse
Denise Klimaszewski 716-7115
Beauty Salon
Appointments 716-7180
Care Sync Case Manager
Josie Villegas 716-7092
Chaplain
716-7438
Dining Services Mgr.
Brian 716-7419
Director of Nursing
Melissa Freiburger 716-7416 Driver
Ann Marie Hart 716-7142
Fitness Specialist
Chris Gorde/Lisa Sonnenberg 716-7164
Front Desk
Receptionist 725-6030
Haven Hall Nurse
Lynette Sanday 716-7384
Housekeeping / Laundry Mgr.
Mary Breen 716-7418
Maintenance Work Orders.
Front Desk <b>725-6030</b>
Maintenance
Emergencies After 11:00pm 248-996-2470
HCC Activity/Volunteer Mgr.
Sheri Stover 716-7021
Physical Therapy Mgr.
Kim Frabotta, Agility Therapy 716-7398
Resident Care Mgr.
Toni Greig 716-7426
Sales & Leasing Mgr.
Carolyn Martin 716-7221
Sales & Leasing Specialist
Peggy Carroll 716-7397
Nancy Smiley 716-7183



4/01 Vida Pozar

4/02 Joan Marcus

4/03 Neil Veneri

4/04 Leotta MacKenzie

4/08 Elsie Gray

4/09 Ruth Offenbacher

4/14 Robert Bradley

4/18 Ruth Nichols

4/20 Peter Bates

4/23 Doris Gregor

4/25 Jean Campbell

4/27 Jleane Sills

4/28 Linda Aderman