



Village Trumpet



Embrace the possibilities

En

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

June 2025



Featured Articles

Events

Resident Association
Minutes

Chaplain

Fitness

Events

The Shell Gas station located at 33925 23 Mile Road (across the street from CVS and next door to the Chesterfield Fire Station) is offering to pump gas for our residents on Tuesdays between the hours of 11:30am -1:30pm. Just call 586-648-7072 and let them know what pump you are at and an attendant will come out and pump your gas for you!



A father is someone who lifts us up with his love, supports us with his strength, and inspires us with his wisdom.

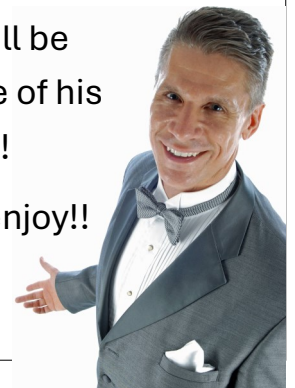
Happy
FATHER'S DAY



Join us for a special **Father's Day** Happy Hour Friday, June 13th 4:00 pm in Marguerite's Restaurant

Paul Ritchie will be performing some of his best songs!

Come out and enjoy!!



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Village of East Harbor

Residence association meeting minutes May 13th 2025

The meeting was called to order at 1:35 p.m. by President Nancy Strait.

There were no new residents in attendance.

Pledge to the United States and Christian flags were recited .

Barbara Anderson gave the financial report as follows as of April 8th 2025 7,238.28, Sugar Bowl 51.00, Balance as of May 13th 2025 1,187.22.

Joan Lehoczky announced the Slate of candidates for 2025 and 2026 Residence Association. They are as follows. **President Pat McClellan, Vice president Colleen Berger, Secretary Stella Goodson, Janet Lickman Treasurer.**

Changes to bylaws were announced by Nancy Strait. A new bylaw brochure will be presented at a future meeting. A request was made to have candidates posted on the bulletin board.

The Welcoming Committee is looking for new members. If you are interested contact Nancy Strait
Don Tolliver Executive director: Maintenance will start soon on landscaping, window washing ,Sprinkling .Systems. Spring change over are going on at this time. Questions were asked from residents on cleaning screens, and weed control . Don assured residents he was doing his best of his ability to make the campus as neat as possible. He assured us he was listening and acting upon our requests. Assured the residents that we are returning to financial stability. Gave us an update on the future of Jim's Grill.

Brandon Lewis Culinary manager: Gave us a further update on the grand opening of Jim's Grill and future upgrades that will be happening in the Culinary Department.

Elaine Walton Advised residents on how important it is to show up for our planned events.

Laura Stone chaplain: Spoke about the great centers of Hope coming to our campus to pick up clean and gently used items and advised residents to put these donations in front of their homes on May 29th from 9:30 a.m. See Laura for any details on Bible studies or any other activities in her Department. Laura also requested if you have any trips you would like to schedule to see her.

Chris Nahorodny Fitness specialist: Reminded residents that all her programs are listed in The Trumpet. Chris reminded the residents that she is available for all questions and answers on physical fitness.

Joan Yoshida resident: explained about a gas program going on at the Sunoco station next to the fire department on 23 Mile Road. if you are at all interested you may contact her.

Pat Mikle resident: Reminded the residents of the upcoming potluck on May 18th 2025.

Betsy Mianecki activity supervisor: Updated the residents on the rest of the activities for the month of May. But she also reminded us of some upcoming events: Riverbank theater, DSO concert, Purple Rose Theater, Boardwalk play, Betsy also made the comment that she will be leaving this department for a new position as marketing manager for the Village of East Harbor and that Anne Marie will become community liaison. This position we'll start Monday May 19th 2025. Management is now searching for a new activity supervisor and bus driver.

Paul Miller District Supervisor: Gave us a history on how Jim's Grill came about And of the grand opening date and festivities.

Motion to adjourn by Sharon Creed seconded by Joan Lehoczky at 2:40 p.m.

52 residents attended.

Respectfully submitted

Sally De Schepper

The Village of East Harbor / Harbor Inn
**RESIDENT ASSOCIATION
MONTHLY MEETING**

Date: Tuesday, June 10th

Location: Chapel

Time: 1:30pm

ALL Residents are members of the Resident Association and are greatly encouraged to attend!

Keep up to date on what's going on around the Village.

MEET & GREET following the meeting in the activity room.

JUST A REMINDER...Committee Meetings are open to ALL Residents! Please attend if you have compliments, comments, or concerns! We'd LOVE to hear from you!!

Building & Grounds

Meets Tuesday, June 3 6 at 3:00pm in Kirk Hall.

Culinary Committee

Meets Wednesday, June 4 at 1:30pm in Marguerites.

**WELCOME HOME
NEW RESIDENTS**

We welcome these new residents to our Village of East Harbor Family

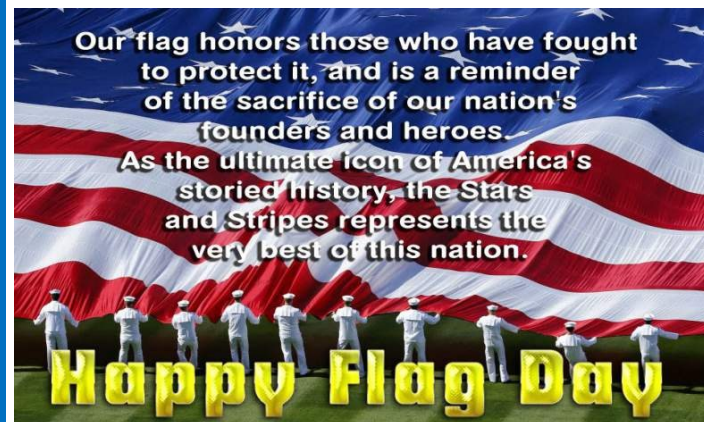
Ronald Maciejewski—114 Kirk Hall

Edward Mazure—109 Kirk Hall

Barbara Smith—606 Capman

Colin Sutherland—714 Harbor Inn

John and Mary Weeks—717 Harbor Inn



7 reasons YOU SHOULD learn to play the ukulele WITH Terry and Barb

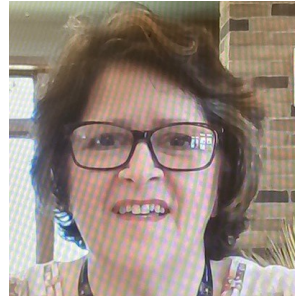
1. BEGINNER FRIENDLY WITH ONLY 4 STRINGS
2. PROMOTES SOCIAL ENGAGEMENT
3. SMALL AND EASY TO CARRY
4. IT'S FUN TO PLAY AND FUN TO SAY!
5. IT CAN IMPROVE COORDINATION, FOCUS AND COGNITIVE FUNCTION
6. IT'S AN EXPENSIVE INSTRUMENT AND **CLASSES ARE FREE!**



**UKULELE LESSONS
every THURSDAY
(EXCEPT ON BIRTHDAY DINNER DAY)
1:00 IN THE ACTIVITY ROOM**



*From The Desk Of
Chaplain Laura...*



JUNE

Wishing all our fathers a HAPPY FATHER'S DAY!!

Potluck/Bingo at Immaculate Conception has been canceled for June and July. When they resume in August, please consider joining us! We always have a great time!! Bring a dish, or a snack to share, or a minimum \$3 to donate to the church. ALL are invited.

Join us **June 15 for our Father's Day message** to honor and celebrate our Heavenly Father who gave the ultimate sacrifice for us-- His Son, Jesus Christ, as well as the fathers who have raised or helped raise, lead and guide our children.

Inspirational Reading is returning on Wednesdays at 2:30 in the Chapel.

*** **MIDRISE Bible studies** have ended; will resume after summer. ***

Our **VFW post** has invited our Veterans to their events and dinners. If you would like to attend any, please see me.

***A minimum of 8 people is needed to take the bus. ***

Our ducklings have hatched in both courtyards. Come see and enjoy them, but **please do not feed them.** They have special diets. Breads, seeds, crackers and other human foods **will harm them.**

We are always looking for help caring for them. It only takes an occasional 10-20 minutes. If you would like to be a part of our team, please see me for guidance. I will provide instruction and proper food to feed them. They require ongoing care, so **any** help is greatly appreciated. The more help, the easier it will be to care for them.

*** **Please leash your dogs in the courtyard and do not allow children to chase the ducks.*****

Please see your calendar and always sign up to join us.

*In His Service,
Chaplain Laura Stone*

Health and Wellness News

Christina Nahorodny, Fitness Specialist

PLEASE TAKE NOTE OF CHANGES TO THE EXERCISE SCHEDULE!

I will continue to do orientations and other appointments as often as I am able to schedule them in. If you are waiting to hear from me regarding a medical clearance or to make an appointment, feel free to call me at 586-716-7385 or email me at cgorde@pvm.org and I will get back with you ASAP! Thank you for your patience!

Harbor Inn Health and Wellness Center hours:

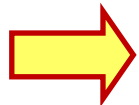
8am-5pm Monday-Friday

Those with a key fob and who have had an orientation may use it during off hours

Barnett Hall Fitness Center hours:

8am-8pm every day (including weekends)

Anyone wishing to use *either* of our Fitness Centers **MUST** have an orientation and updated paperwork on file.

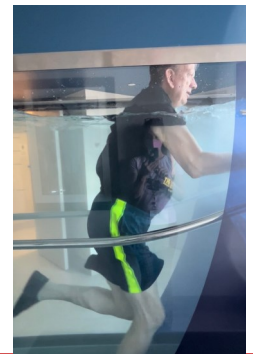


DID YOU KNOW THAT THE VILLAGE OF EAST HARBOR OFFERS OUTPATIENT THERAPY RIGHT ON CAMPUS?



Our expert therapy staff is trained in the latest advances in physical, occupational and speech therapy. We even have a HydroWorx water therapy tank. *Call today* to find out how the Village of East Harbor Therapy Department can help restore your independence, confidence and quality of life.

586-273-2457



Meet Lt. Colonel Lynn Parrot *submitted by Nancy Streit*

Just as we are learning that Selfridge Field is going to become an important base again, with 21 new jets arriving here in Macomb County, we meet an Assisted Living resident, Lynn Parrot, who, as a young woman enlisted in the Air National Guard and served our country for 26 years!

Presently you can see Lynn whipping around the Village, inside and out in her “state of the art” motorized wheelchair. She is also a self-appointed “consultant” of the culinary committee!

Our two chefs, Brandon and Adrian, read her thoughtful, typewritten comments and suggestions at the monthly meetings. Everyone benefits from the exchange of ideas!

Lynn remembers, as part of her military training, when she had to jump out of a small training plane and all the guys at the base gathered round to support her in that scary event!!

Imagine her pride now as she looks up from her wheelchair to see the new F-15EX fighter jets flying overhead and knowing she was a part of that world at one time!!

Atta Girl, Lynn!! We’re all proud of you!!



Brain Fitness
with gerontologist
Marcia Relyea
Wednesday,
June 4th & 11th—2:30 pm
Harbor Inn Community Room



Bobby G
performs
Friday, June 20
1:00 pm - Activity Room

The Village Tech Club



Thursday, June 5th
2:30 pm, Activity Room
We will discuss cell phone basics.
Please bring your phones.



Friday, June 20—2:00
Activity Room

PLEASE sign up so that we
can be sure to have enough
prizes for our WINNERS!!



Painting with Linda
Tuesday, June 24—1:00
Activity Room

PLEASE sign up so that
Linda can bring enough supplies and make
the necessary preparations ahead of time

PAINT A FLOWER CRAFT

With Pam
Thursday, June 12
2:00 pm in the Activity Room
Please sign up so that we have
enough supplies!



Engage in cultural
appreciation and aware-
ness from around the
world. This month we will
be visiting Greece.

Armchair travel to Greece

Friday, June 27
1:30 pm
Activity Room



Table Topics & Tea

Engage in insightful conversation
with moments of connection and
laughter in a warm friendly atmos-
phere while sharing a cup of tea.
Thursday, June 12th 2:30 pm
Harbor Inn Community Room

QUARTER BINGO
BRING YOUR QUARTERS!

Monday, June 16
6:00 pm - Activity Room

Friday, June 27
2:30 pm - Harbor Inn



Decoupage a
flowerpot



Grief Support Group

This group will help anyone in the community who is experiencing grief or loss, understand their feelings with support and coping strategies to help with their journey forward.

1st & 3rd Monday of the Month

4:00-5:00 PM

Kleeman Chapel

For more information contact:

Facilitator: Laura Stone, MSW 586-424-5674

Alzheimer's

Caregiver Support Group



This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

Fourth Wednesday of each Month

3:30 pm-4:30 pm

Kleeman Chapel

Ann Marie Hart- 586-716-7142



Learn • Connect • Support

Parkinson's Disease Support group

Join us once a month for a compassionate, informative and interactive meeting. Receive the encouragement needed to live well with Parkinson's Disease. Caregivers are welcome.

Second Thursday of each month

4:00 pm – 5:30 pm Harbor Inn

Inquires: 586-725-6030

Needle Arts Group

Bring your project to work on in a fun and informal atmosphere.

All levels of experience are welcome.

This is not a class, however, sharing of tips and experience is encouraged.

Thursday, June 12 & 26

2:00 pm, Harbor Inn Community Room

Monday, June 2, 16, 30

9:30 am, Activity Room



JUNE BIRTHDAY DINNER

THURSDAY, JUNE 19

12:00 PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE FRONT DESK

\$16.00



ENTERTAINMENT

DONNI ROD

1:30 PM CHAPEL

FREE Birthday meal in your birth month! PLUS one guest at 1/2 off! YOU MUST SIGN UP AT THE DESK

Show & Tell

Bring & share a treasured object or story. This might be a favorite book, souvenir, family heirloom or something that sparks a memory.

Monday, June 9

1:30 pm-Activity Room

Memoir Writing

Everyone has a story to tell

Mon., June 2

1:30 pm-Activity Room



HARBOR INN HAPPENINGS

Regular Events

CARDS and/ or GAMES

Sundays—3:00 pm
Mondays—2:30 pm
Tuesdays—6:00 pm
Fridays—6:00 pm
Saturdays—2:00 pm



DOMINOES / CARDS

Mondays—6:00pm Community Room

TABLE TOPICS & TEA

Thursday—2:30 pm will be meeting
June 2 in Harbor Inn



Wii

Tuesday—3:00 June 17

KARAOKE

Wednesday, June 18 & 25—2:30-4:00 pm
Community Room



QUARTER BINGO

Friday, June 27—2:30 pm

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursdays—2:00 pm—Community Room

PUZZLE PEOPLE

Everyday—All Day—Library



Jim's Grill



Grand Opening



EXCURSIONS

Friday, June 6

Love List

Riverbank Theater

11:00 am

\$38.00

Friday, June 20

DSO

Let's Misbehave

9:00 am

\$40.00

Money Due May 10

Wednesday, June 25

Men's & Women's Lunch

Zorba the Greek

11:00 am

\$\$ on your own

Thursday, June 26

Tigers vs. Athletics

\$35.00

10:00 am

Thursday, July 24

Bert & Trixie Visit the Vet

10:30am

\$50.00

Money due June 1

Friday, August 1

9-5

Boardwalk Theater

\$38.00

Money Due June 26

Thursday, August 6

Tigers vs. Minnesota Twins

\$35.00

**TRANSPORTATION SERVICES
ARE LIMITED AT THIS TIME!
THANK YOU FOR YOUR PATIENCE
DURING OUR TRANSITION**

**To schedule an appointment
call Ann Marie: 586-716-7142**

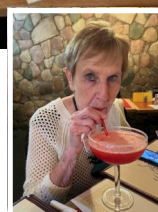
**Please call at least 24 hrs prior to
your needed appointment**

**ALL appointments MUST be
confirmed by the driver.**

**You MUST Sign up for all outings in the
Binder in the Activity Room or
call Ann Marie: 586-716-7142
or Chris: 586-716-7143
Space is limited!**



**Nochimilco Restaurant
Detroit**





6/01 Thomas Edwin

6/01 Margo Baker

6/07 Alan Edwards

6/09 Kathleen Borwick

6/12 Sally DeSchepper

6/14 Charles Kotcher

6/15 Sherron Schultz

6/16 John Weeks

6/16 Nancy Burandt

6/16 Janet Lickman

6/19 June Hugh

6/22 Dolores Matthews

6/25 Rose Brisley

6/26 Marilyn Boehm

6/27 Larry Parenteau

We hope to see you ALL at

Birthday Dinner and

Entertainment!

Directory

Accounting

Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL

Christina Nahorodny 716-7143

Beauty Salon

Appointments 716-7180

Chaplain

Laura Stone 586-424-5674

Dining Services Mgr.

Brandon Lewis 716-7419

Director of Nursing

Karolina Jones 716-7416

Driver

Ann Marie Hart 716-7142

Executive Director

Donald Tolliver 716-7410

Front Desk

Receptionist 725-6030

Harbor Inn-Admin. Asst.

Beth Humble 586-273-2440

Harbor Inn Manager

586-273-2559

Housekeeping / Laundry Mgr.

Michelle Willer 716-7418

Maintenance Work Request

Front Desk 725-6030

Maintenance

Emergencies After 11:00 pm 248-996-2470

Marketing Manager

716-7395

Betsy Mianeki

Outpatient Therapy

586-273-2457

Physical Therapy Mgr.

Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales

Jen Moreno 716-7427

Darcy Stalker 716-7183

Resident Care Mgr.

Toni Greig 716-7426



*A gentle reminder to residents and guests with pets that visit on campus:
Please be courteous to your neighbors and keep your pets on a leash and clean
up after them! Your kind attention to this matter is greatly appreciated.*