



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

February 2026



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The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Candlelight Concert

An unforgettable experience featuring
The Village String Quartet

FREE

Thursday, February 12

7:00 pm

in our beautiful

KLEEMANN CHAPEL

SPACE IS LIMITED

Coffee and Cookie Reception Immediately Following
CALL TO RSVP-586-716-7143



IT'S TIME TO CELEBRATE
ST. PATRICK'S DAY

AT THE VILLAGE OF EAST HARBOR

with Good Cheer, Green Beer, Dinner & Dancing

MARGUERITE'S RESTAURANT

Thursday, March 12—5:00 PM-8:00 PM

IRISH BUFFET DINNER—\$20.00

Cash Bar

Purchase tickets at the front desk

Village of East Harbor Residents Committee Meeting

Date: 1/13/26

TIME: 1:30 pm

Financial Report: Janet Lickman presented the financial report to the group. She highlighted that the organization experienced excellent earnings from both the Candlelight Dinner and the basket sales, which contributed positively to the organization's financial standing.

General Discussion: President Pat McLellan reminded everyone of the importance of Women's Heart Awareness Month. During this segment, two female residents shared personal testimonies about their experiences with heart issues. They cautioned all women to be vigilant about symptoms, emphasizing that pain in the jaw, arm, and chest can be warning signs. Thank you letters were sent to the young ladies who worked the Candlelight Dinner.

Food Services: The Chief addressed ongoing concerns related to food service. Some residents shared examples of their own experiences with the food service, and the consensus is that problems persist in this area. Maintenance manager, Scott, introduced John King, a new crew member. The problems his department has encountered over the past should improve this year. He expects the issue of workforce to improve. He asks that residents please call in a work order for any services needed especially with snow removal on an emergency basis. He addressed the guidelines in place for snow removal and asks for patience in this regard.

Chaplen Laura discussed the issues with the sound system in the Chapel during meetings. She will do some research to see if there is an answer to this problem. She asked that anyone with cans and bottles for return, please consider donating these for a very needy kitten who has diabetes and needs medication. The kitten named Gypsy, lives in Memory Care and is loved by the residents. So, if you do not want to return those bottles yourself, Laura would be happy to take them off your hands.

ADMINISTRATION REPORT: Don Tolliver provided an update on what to expect this year regarding the maintenance of the grounds and buildings. Questions were asked about window washing, among other things.

Meeting was adjourned at 2:20 pm

Submitted by Stella Goodson, Secretary

The Village of East Harbor / Harbor Inn
RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, February 10

Location: Chapel

Time: 1:30pm

ALL Residents are members of the Resident Association and encouraged to attend

Join us for a *MEET & GREET* in the activity room following the meeting.

NATIONAL WEAR RED DAY **Friday, February 6**



National
Wear
Red Day

Come to the Chapel at 2:30 to take a group picture to share in the Trumpet and/or social media to raise awareness for the fight against heart disease!

JUST A REMINDER...Committee

Meetings are open to **ALL Residents!**

Building & Grounds

Will resume in April

Culinary Committee

Meets Wednesday, February 4 at 1:30pm

Marguerite's Restaurant

**WELCOME HOME
NEW RESIDENTS**

Beverly Moseley—117 Kirk

Beverly Graham—504 Capman

Hugh & Kathleen June—507 Capman

We welcome these new residents to our Village of East Harbor Family



**RESIDENT
POTLUCK
SUNDAY,
FEBRUARY 15
ACTIVITY ROOM**

4:00PM—HAPPY HOUR

5:00PM—PRAYER

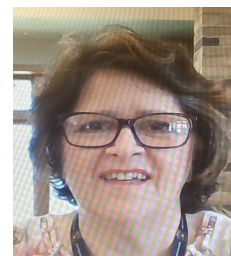
FOLLOWED BY DINNER

BRING A DISH TO PASS
SIGN UP IN THE ACTIVITY ROOM
For more information contact:
Pat Mikle-248-933-1726



From The Desk Of Chaplain Laura...

FEBRUARY
DEDICATED TO LOVE



Valentines Day, February 14; Ash Wednesday February 18
Both mark days of expressing love and commitment...

At the time of Roman Catholic Priest St Valentine, marriages were banned by a persecutor of the Church named Claudius, stating that a wife and children would be a distraction to the focus on war. St Valentine began secretly marrying couples in the church, eventually getting caught, was persecuted, beaten and imprisoned for performing marriages.

"What Valentine means to me as a priest, is that there comes a time where you have to lay your life upon the line for what you believe. And with the power of the Holy Spirit we can do that —even to the point of death." (Father O’Gara, Dublin Ireland)

TRUE LOVE.... laying down your life for another.

February 18 at 1:00- Ash Wednesday/First Day of Lent– Chapel. A brief 5 minute message about Ash Wednesday and Lent (What & Why), then provision of ashes.



Sundays 11am– Non-Denominational Church Service

Mondays and Tuesdays 2:30– Bible Studies

Tuesdays-10:45 Catholic Communion Service in the chapel with Immaculate Conception

Wednesdays 2:30– Inspirational Reading– Join us as we read and discuss inspiring poetry from well-known Christian author, Helen Steiner Rice.

Thursday, February 5- Potluck lunch & Bingo - **Immaculate Conception**– leave here at 11:00

Every Thursday– 11am– Rosary; **Every Saturday** 1:00– Bible Study

EVERY TUESDAY & THURSDAY – 9:00- Maintaining **total health**-mind, body, and spirit- is important to us. Join us in the Chapel for a fun and invigorating 15 minute 1 mile walk to **WALK IT OFF**. Starting Feb 2.

All updates, Chapel events and information including notices of funeral/ memorial services are posted on the Chapel board by the bird cage.

I am here for you. Should you need assistance with anything, would like a visit, need prayer, or have suggestions for the spiritual program, please feel free to contact me.

In His Service,
Chaplain Laura Stone, MSW, CC
(586) 424-5674



Health and Wellness News

Christina Nahorodny, Wellness Supervisor

February is American Heart Month!

A primary cause of heart attack and strokes is atherosclerosis, aka hardening of the arteries. It is the result of plaque buildup on artery walls, leaving little room for blood to flow to your organs and tissues.

Heart disease is the leading cause of death worldwide, yet 80% of heart attacks and strokes are preventable by eating a healthy diet, getting 20-30 minutes of exercise 5 days a week, and getting sufficient, restful sleep.

Also important for maintaining heart health is limiting alcohol and caffeine consumption and connecting with loved ones, (in person or on the phone). Additionally, get regular check-ups and screenings and take prescription medications as directed by your doctor. Seek medical attention immediately if you notice any of the symptoms noted above.

Warning signs of atherosclerosis



Chest discomfort during exercise or emotional stress.



Leg cramps when walking.



Shortness of breath with light activity.

Centennarian & Rosie Party



QUARTER BINGO

BRING YOUR QUARTERS!

Thursday, February 5
2:30 pm-Harbor Inn



Monday, February 9 & 23
6:00 pm - Activity Room

Bring at least 8 quarters!

SPECIAL BINGO

hosted by Senior Helpers

Wednesday, February 11-11:00 am
Activity Room

Table Topics & Tea

A wonderful time to talk, laugh
and connect

Tuesday, February 17 @ 2:00 pm
Harbor Inn Community Room



Valentine's BUNCO

Sunday, February 22
2:30 pm Activity Room

FEBRUARY BIRTHDAY DINNER

THURSDAY, FEBRUARY 19
12:00 PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE
FRONT DESK
\$17.00



ENTERTAINMENT
DAN BRYSON
1:30 PM CHAPEL

FREE Birthday Meal in your Birth month!
one guest at 1/2 off!

You must get tickets at the desk
by February 17

Show & Tell

Bring & share a treasured object or
story. This might be a favorite book,
souvenir, family heirloom or some-
thing that sparks a memory.

Monday, February 23
1:30 pm-Activity Room

Entertainment:

Wednesday, Feb. 4 @ 3:00 (AR)

Gary Pillow

Thursday, Feb. 19 @ 1:30 (CH)

Dan Bryson

Sunday, Feb 22 @ 1:30 (AR)

Suzi

Friday, Feb. 27 @ 1:15 (AR)

Bobby G

FEBRUARY
IS
BLACK
HISTORY
MONTH



Friday, Feb. 20 @1:15 AR

In this biopic, Harriet Tub-
man makes a harrowing es-
cape from slavery and then
risks her life to lead others to
freedom via the Under-
ground Railroad.



Grief Support Group

This group will help anyone in the community who is experiencing grief or loss, understand their feelings with support and coping strategies to help with their journey forward.

FIRST MONDAY OF EVERY MONTH

4:00-5:00 PM

Kleemann Chapel

For more information contact:

Laura Stone, MSW 586-424-5674

Alzheimer's

Caregiver Support Group



This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

Fourth Wednesday of each Month

3:30 pm-4:30 pm

Kleeman Chapel

586-716-7143



Learn • Connect • Support

Parkinson's Disease Support group

Join us once a month for a compassionate, informative and interactive meeting. Receive the encouragement needed to live well with Parkinson's Disease.

Caregivers are welcome.

Second Monday of each month

3:00 pm – 4:30 pm

CONGRATULATIONS
Marie
Ferzo
for ringing
the bell!



HARBOR INN HAPPENINGS

CARDS and/or GAMES

Sundays—3:00 pm

Mon-Sat—6:00 pm

TABLE TOPICS & TEA

Tuesdays, Feb. 17—2:30 pm

KARAOKE

Wednesday, Feb. 11 & 25—2:30 pm

QUARTER BINGO

Thursday, February 5—2:30 pm

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursday, Feb. 12 & 26

2:00 pm—Community Room

PUZZLE PEOPLE Everyday—All Day—Library

EXCURSIONS

Tuesday, February 3

MJR-Jurassic Park

12:00 pm

\$5 at the theater

Friday, February 6

Sugarbush Tavern

11:30 am

\$ on your own

Friday, February 20

Shoreliner

3:30 pm

\$6.50 plus tip @ the restaurant

Friday, February 20

Hollywood Nights-

The Bob Seger Experience

Macomb Ctr. of the Performing Arts

\$64.00 due ASAP

Must have at least 8 people to go

Big bus is NOT available

Tuesday, February 24

MJR

Movie & Time TBD

\$5 at the theater

Friday, February 27

Shoreliner

3:30 pm

\$6.50 plus tip @ the restaurant

Friday, March 6

Noises Off

Richmond Theater

\$20.00 due ASAP

Friday, April 10

Riverdance

Fox Theater

\$175.00 due ASAP

Must have at least 8 people to go

Friday, April 24

Million Dollar Quartet

Meadowbrook Theater

\$50.00 due ASAP

Crochet & Color

Mondays @ 9:30 am

Activities Room

Do you like to knit, crochet or color? Maybe you like to embroider, needlepoint, quilt, latch hook or other crafting?

Whatever you like to do, you can bring your project(s) to work on in a relaxed and enjoyable setting. We have adult coloring books and colored pencils to use if you'd prefer.

Everyone is welcome.

This is not a class, but a time to enjoy each other's company in a creative atmosphere.





2/01 Betty Arnold

2/01 Euginia Bisoski

2/01 Bill Creed

2/02 Rita Hughes

2/04 Denise Priess

2/04 Ronald Sauer

2/06 Margaret Clark

2/07 Audrey Bolton

2/11 Irle Boehm

2/13 Jeanne Zandarski

2/14 Joan Errington

2/15 Lynda DeBolt

2/17 JoAnn Hebert

2/17 Patricia Lopata

2/18 Joanne Fowler

2/23 Carmen Kane

2/23 Mae Lea VanBuren

2/24 Robert Jones

2/25 Paul Rogers

2/26 John Roodbeen

2/27 Lawrence Chamberlain

2/27 Steven Huber

2/29 Pam DeVille

Christmas & New Year's Eve Parties



Directory

Accounting

Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL

Christina Nahorodny 716-7143

Beauty Salon

Appointments 716-7180

Chaplain

Laura Stone 586-424-5674

Community & Leasing Consultant

Ann Marie Hart 716-7039

Dining Services Mgr.

Brandon Lewis 716-7419

Director of Nursing

Karolina Jones 716-7416

Driver

Bob Rosol 716-7142

Executive Director

Donald Tolliver 716-7410

Front Desk

Receptionist 725-6030

Harbor Inn-Admin. Asst.

Beth Humble 586-273-2440

Harbor Inn Manager

586-273-2559

Housekeeping / Laundry Mgr.

Michelle Willer 716-7418

Maintenance Work Request

Front Desk 725-6030

Maintenance

Emergencies After 11:00 pm 248-996-2470

Marketing Manager

716-7395

Betsy Mianeki

Outpatient Therapy

586-273-2457

Physical Therapy Mgr.

Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales

Jen Moreno 716-7427

Darcy Stalker 716-7183

Resident Care Mgr.

Toni Greig 716-7426

TRANSPORTATION SERVICES AVAILABLE MON-FRI, 8:30AM-4:30PM

To schedule an appointment
call Bob: 586-716-7142

Independent residents can schedule
up to 2 car/bus transports per month free
within the Chesterfield/New Baltimore area.

Please call at least 24 hours prior to
your needed appointment. If you leave
a message, be sure to include your name,
phone number, and the day, time and
destination for the appointment needed
as well as an approximate duration you
expect your appointment to take.

Bob will return your call as soon as he's able
in order to confirm his availability (or give
you other options if he's unavailable for
that day and/or time).

*Reminder: There is a charge if you need a
ride outside of the New Baltimore/
Chesterfield area and also if you need more
than two rides in a month.*

**ALL appointments MUST
be confirmed!!**



Robert (Bob) Rosol
Driver

rrosol@pvm.org
586-716-7142