

The Village of East Harbor



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

July 2026



Featured Articles

Events

Resident Association
Minutes

Chaplain

Fitness

Events

Village Victory Cup Victory Celebration Party

Friday, July 10

1:30pm

Activity Room



**Everyone is invited to celebrate our
Pirates 1st place win!**



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



happy 4th  of july
INDEPENDENCE DAY

Dear Residents of The Village of East Harbor,



I am excited to share that I have stepped away from my position as Marketing Manager and have returned to my previous role as **Wellness Supervisor**. I cannot express how elated I am to be back in this position, working directly with all of you and helping to create meaningful, engaging, and enjoyable wellness experiences within our community.

Returning to wellness feels like coming home, and I am looking forward to reconnecting with residents, planning activities, and continuing to support your health, happiness, and overall well-being. My goal is to provide the best programs and services possible, and I am committed to making your ideas and interests a priority.

Your input is incredibly valuable to me. If you have any suggestions for activities, special events, wellness programs, or if you simply have questions, concerns, or ideas you would like to share, please do not hesitate to reach out. My door is always open, and I encourage you to stop by my office or give me a call anytime.

Thank you for your continued support. I am truly grateful for the opportunity to serve in this role once again and look forward to spending time with each of you.

Warm regards,

Betsy Mianeki
Wellness Supervisor

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family

Kathy Bond – 808

Julie DeYonker – 909

Marsh Ladd – 5085 Esther's Way

Carol McEachran – 50790 Geering

Bob Mitchell – 906

JUST A REMINDER...Committee Meetings are open to ALL Residents! Please attend if you have compliments, comments, or concerns! We'd LOVE to hear from you!!

Building & Grounds

Meets Tuesday, July 7 at 3:00pm in Kirk Hall.

Culinary Committee

Meets Wednesday, July 8 at 1:30pm in Marguerites.

— JOIN US —
FOR HAPPY HOUR

EVERY FRIDAY 4:00PM

JIM'S GRILL

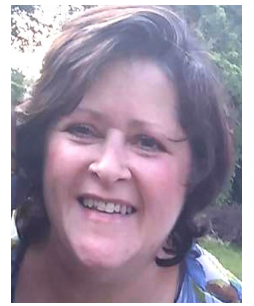
SPECIALS ARE POSTED WEEKLY AT THE FRONT DESK



Happy hour for Friday, July 3rd will be Thursday, July 2nd



*From The Desk Of
Chaplain Laura...*



JULY

**Happy Independence Day!!
HAPPY 250TH YEAR OF INDEPENDENCE!!!**

The Declaration of Independence

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the Pursuit of Happiness.--"

Galatians 5:13- "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh, rather, serve one another humbly in love." Our freedoms given by God are meant to serve others.

AMERICA250 is hosting America's 250th year celebration with a second ball drop of the year in Times Square on the eve of July 4, 2026, to mark the nation's official 250th birthday. TV station to be announced.

Bingo/Potluck 7/2 -11:00. Immaculate Conception. Please sign up

Grief and Loss Support Group—4:00 First Monday of every month

Breakfast With Our Chaplain- The Pantry— Thursday, July 23. I will pick up at both lobbies at 9. You MUST sign up. Space is limited.

Sunday Morning 11am Non-Denominational Worship service

Monday 2:30- Bible Study

Tuesday 10:45- Catholic Communion Service

Tuesday 2:30– Bible Study currently in the Book of Job, then Daniel.

Wednesday 2:30– Inspirational Reading. Gather together to listen to poetry from Christian author, Helen Steiner Rice.

Saturday-1:00 Bible Study

Should you have any spiritual needs, would like to talk, need prayer, or spiritual supplies, please feel free to contact me at (586) 424-5674

*In His Service,
Chaplain Laura*

Health and Wellness News

Christina Nahorodny, Fitness Specialist



What a wonderful summer this is starting out to be! I enjoyed a European cruise with my daughter and extended family, then came back from vacation to the job I love most...Fitness Specialist! Then, of course, we had the Village Victory Cup win! I can't imagine a better way to celebrate being back!! As much as I enjoyed doing Activities with everyone, exercise is my first love and I'm so happy to get the opportunity to do it again with our residents! We will have a Village Victory Cup celebration party on Friday, July 10 at 2:30 in the Activity Room so be sure to save the date and come celebrate with our winners! Also, I have had several requests for more **Tai Chi, Drumming and Balloon Volleyball**, so be sure to check the calendar for those additions as well. ***FYI-On July's calendar you'll see Tai Chi & Walk Tuesdays and Thursdays at 9:00 am in the Activity Room. Tai Chi will start at 9:00 then Walk at 9:30 Both classes are great for anyone. Feel free to come to either or both classes.***

If you would like to attend classes or use the fitness center you must fill out the necessary paperwork which you can get from me.

Please feel free to call or email me for any fitness related questions or suggestions.

586.716.7385 or cgorde@pvm.org

Harbor Inn Health and Wellness Center hours:

8am-5pm Monday-Friday

Those with a key fob and who have had an orientation may use it during off hours

Barnett Hall Fitness Center hours:

8am-8pm every day (including weekends)

Anyone wishing to use *either* of our Fitness Centers **MUST** have an orientation and updated paperwork on file.

DID YOU KNOW THAT THE VILLAGE OF EAST HARBOR OFFERS OUTPATIENT THERAPY RIGHT ON CAMPUS?

Our expert therapy staff is trained in the latest advances in physical, occupational and speech therapy. We even have a HydroWorx water therapy tank. ***Call today*** to find out how the Village of East Harbor Therapy Department can help restore your independence, confidence and quality of life.

586-273-2457



Chesterfield Library
Book Mobile Visit
Wednesday, July 1 &
July 15
9:30 am
Front Lobby

Come Move with Us!

Take Root's FREE dance for Parkinson's program welcomes people of all abilities—including individuals with Parkinson's Disease. Everyone is invited to explore movement set to music in a safe, enjoyable environment.

Thursday's, 3:00 pm
Harbor Inn Community Room
Everyone is Welcome!



Does not meet the last Thursday of the month.



Breakfast w/Chaplain Laura
Thursday, July 23
9:00am- Lobby



JOIN US FOR
GORGEIOUS GRANDMA
DAY

Hair styling
Makeup
A fun photo session to capture your radiance
Thursday, July 23
1:00pm
Activity Room
YOU MUST SIGN UP!

QUARTER BINGO **BRING YOUR QUARTERS!**

Monday, July 6 & 20
6:00 pm - Activity Room



Thursday, July 30
2:30 pm - Harbor Inn



Bean Bag Baseball **w/ Margo**

If you love baseball and bean bag toss, you're going to love this exciting NEW game.

Thursday, July 9th, 2:00 pm

&

Monday, July 20th, 2:00 pm
Activity Room



Summer Craft **July 28—1:30** **Activity Room**

Combine materials and prints to make a one-of-a-kind masterpiece!

EZ lift Demonstration

Please consider being part of a survey to give the EZ lift company feedback on their EZ lift dishwasher product.

It is a post installation add on to a dishwasher to help disabled individuals with the loading and unloading task.

Monday, July 27

1:30pm

Physical Therapy Department

JULY BIRTHDAY DINNER



WEDNESDAY, JULY 15TH

12:00 PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE
FRONT DESK

\$16.00



ENTERTAINMENT
PAMELA EDWARDS
1:30 PM CHAPEL

**FREE Birthday meal in your birth
month! PLUS one guest at 1/2 off!
YOU MUST SIGN UP AT THE DESK**

ENTERTAINMENT:

Suzi Marsh

Tuesday, July 14

1:30—Activity Room



Paul Richie

Wednesday, July 22

3:00—Activity Room



Bobby G

Friday, July 24

1:15 pm - Activity Room



GARY PILLOW

Wednesday, July 29

2:00—Activity Room

Grief Support Group

This group will help anyone in the community who is experiencing grief or loss, understand their feelings with support and coping strategies to help with their journey forward.

1st Monday of the Month

4:00-5:00 PM

Kleeman Chapel

For more information contact:

Facilitator: Laura Stone, MSW 586-424-5674



Learn • Connect • Support

Parkinson's Disease Support group

Join us once a month for a compassionate, informative and interactive meeting. Receive the encouragement needed to live well with Parkinson's Disease. Caregivers are welcome.

First Monday of each month

4:00 pm – 5:30 pm Harbor Inn

Inquires: 586-725-6030

Alzheimer's

Caregiver Support Group



This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

**Fourth Wednesday of each
Month**

3:30 pm-4:30 pm

Kleeman Chapel

EXCURSIONS

Thursday, July 2
Immaculate Conception
Potluck
11:00 am
Lobby

Thursday, July 2
Greenfield Village
Salute to America

5:30 pm

Be Sure to eat prior to leaving
Food trucks will be available at
venue.

There are 2 tickets available if you
would like to go.
Call Bob ASAP!

Tuesday, July 14
Macomb Symphony Orchestra
Metro Beach

Bring your own Chair
May bring Food & Beverages
6:00pm
Free

Wednesday, July 15
UWM (Jimmy John's)
\$23.00

Money Due July 2

Monday, July 20
Men's/Women's Lunch
Cabana Blue
11:00am

Tuesday, July 21
World's Finest Custard

CASH ONLY!
2:00pm

Thursday, July 23
Breakfast w/ Chaplain Laura
Pantry
9:00am

Thursday, July 30
Shoe Shopping
Footwear Footcare
9:00am

Friday, July 31
Footloose
Boardwalk Theatre
4:30pm
\$39.00

Money Due July 13

Thursday, August 27
The Shark is Broken
Riverbank Theatre
4:30pm
\$39.00

Money Due July 13

Thursday, September 24
The Notebook
Fisher Theatre
4:00pm
\$83.00

Money Due August 10

Money Due September 7

HARBOR INN HAPPENINGS

CARDS and/ or GAMES

Everyday 6:00pm
Community Room

QUARTER BINGO

Thursday, July 30—2:30 pm

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursdays—2:00 pm—Community Room

PUZZLE PEOPLE

Everyday—All Day—Library



7/1 Louise Edwards

7/3 Amy Blowycky

7/4 Grace Schmuck

7/4 Joyce Sawyer

7/5 Ann Parski

7/7 Maddalene Coletti

7/10 Virginia Masel

7/10 Leonard Bisoski

7/10 Susan Olson

7/13 Linda Battani

7/13 Glen Bonino

7/13 Marie Vainio

7/14 Henry August

7/15 Perry Henson

7/15 Roberta Tanis

7/16 James Piontek

7/17 Peter Bava

7/18 Sharon Curlett

7/21 Anita Burr

7/22 Carol McEachran

7/26 Juliann Thomas

7/26 Edward Mazure

7/31 Dewey Collins III

7/31 Patrick McKenna

Directory

Accounting

Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL

Betsy Mianecki 716-7143

Beauty Salon

Appointments 716-7180

Chaplain

Laura Stone 586-424-5674

Dining Services Mgr.

Brandon Lewis 716-7419

Director of Nursing

Karolina Jones 716-7416

Driver

Bob Rosol 716-7142

Executive Director

Donald Tolliver 716-7410

Fitness Specialist

Chris Nahorodny 716-7385

Front Desk

Receptionist 725-6030

Harbor Inn-Admin. Asst.

Beth Humble 586-273-2440

Harbor Inn Manager

586-273-2559

Housekeeping / Laundry Mgr.

Michelle Willer 716-7418

Maintenance Work Request

Front Desk 725-6030

Maintenance

Emergencies After 11:00 pm 248-996-2470

Marketing Manager

716-7395

Outpatient Therapy

586-273-2457

Physical Therapy Mgr.

Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales

Jen Moreno 716-7427

Darcy Stalker 716-7183

Resident Care Mgr.

Toni Greig 716-7426