

The Village of East Harbor



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

September 2026



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The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 13-19, 2026



Kick off the Week with Grandparents Day with an Ice Cream Float
Sunday, September 13 ~ 1:00-2:00 pm ~ Activity Room
Look inside The Trumpet for the week's festivities!



Rosie the Riveter Rose Bush Dedication and Flag Raising Ceremony



September 22 1:30 pm-2:30pm
The Village of East Harbor Front Parking Lot

Please join us for a special dedication ceremony.
We will be dedicating rose buses to honor our Rosie's
Fran Masters and Audrey Bolton.

As part of this ceremony a new flag donated by the
Resident Association will be flown.



Have You Heard?

When **Marie McDougal** wanted more live music here, at The Village of East Harbor, **she took action by establishing the McDougal Musical Entertainment Fund**. Thanks to her generosity, we all will have the opportunity to experience the joy and connection that live music brings.

This is the newest addition to the funds residents have created to benefit life at East Harbor. Others include:

- Lonyo Chaplaincy Fund – helps support & maintain the Kleemann Chapel & Chaplaincy
- The Bench Fund – funds to place/replace outdoor benches on the grounds
- Kleemann Help Fund – helps residents & staff in times of crisis

These are **just a few ways you can make a lasting difference here at East Harbor**.

You can make a gift to your favorite fund through your:

Annual Gift	Donor Advised Fund
Appreciated Stock	Planned Gift, or
Qualified Charitable Donation (QCD from a retirement account)	

Every gift, no matter the size, helps our community today and for generations to come.

Want to talk about what matters most to you and how your support can make it happen?

Give us a call, we'd love to hear from you!

Paul Miller	Sandy Sommer
734-740-4941	248-722-2101



Paul Miller & Marie McDougal

Make Your Gift Go Twice as Far!

A monthly gift is an easy way to make a big difference all year long right here at East Harbor.

Starting September 1, if you make a monthly donation, it will be **matched dollar-for-dollar through April 30, 2027**.

Your \$25 becomes \$50. **Your \$100 becomes \$200**. And month after month, your generosity helps provide for programs and activities that make East Harbor such a vibrant community.

Already a monthly donor? (Thank You!) You can join in, too - **simply increase your gift by any amount** and your full monthly donation will qualify for the match through April 30, 2027.

This will also count towards The Village of East Harbor 2027 Friends & Family totals.

If you have any questions or would like to set up a monthly contribution, call the PVM Foundation at **248-281-2040** or visit **pvmf.org/donate** to make your gift today.



Join us for an ice cream soda to celebrate Sunday, September 13 1:00pm Activity Room



Honor your grandparent or a special older adult in your life with a gift today.
pvmf.org/eastharbor

Give Where Love Lives
Your gift makes a difference in the lives of older adults.



The Village of
East Harbor
A SENIOR LIVING COMMUNITY



CHAPLAIN'S CORNER SEPTEMBER HIGHLIGHTS



This month marks the 4th year that Immaculate Conception has blessed us with Catholic communion services every Tuesday at 10:45. Their dedication and commitment to the mission of serving our residents is greatly appreciated.

HAPPY GRANDPARENTS DAY!! Sunday, Sept 13 at 1:00

Help us **celebrate** with an **Ice Cream Float or a Boston Cooler!!**
Meet in the Activity Room. Please invite your family. **We will have a photo booth and photographer to take photos!** Grandparents will receive a special gift.
All are welcome to join the celebration!!

The LAST VFW STEAKOUT for this year. Friday, 9/18. \$20 Leaving at 5pm
New York Strip, baked potato, salad, roll, dessert. (cash bar for ALL beverages).
50/50 raffle, music, and a great group of people. Please consider joining us.
It's always a great evening out!

CHAPEL PROGRAMS:

Sundays- 11 am-Non-Denominational Service -

Join us for the word of God and worship. **ALL** are welcome!!
A special gift for Grandparents on Sunday, Sept 13

Mondays-2:30- Bible Study

Tuesdays-10:45- Catholic Communion Service

Tuesdays 1:00-2:30 Plastic Canvas craft (chapel or activity room)

Tuesdays-2:30-Biblical Studies Group– Currently in “The Promise Code; 40 Bible Promises Every Believer Should Claim” Dr. O.S. Hawkins.

Wednesdays-2:30- Inspirational Reading- Short readings and discussion.
Difficulty reading due to vision issues? This is a great group to come to. A compilation of writings by Author and Poet, Helen Steiner Rice.

Thursdays- 11:00 am-Rosary in the Chapel.

*****THERE WILL BE NO GRIEF SUPPORT GROUP THIS MONTH*****

If you have a spiritual need or would like a visit, please contact me at (586) 424-5674. I am here for you.

*In His Service,
Chaplain Laura Stone*

Health and Wellness News

Christina Nahorodny, Fitness Specialist

September is Fall Prevention Month

Falls are a major cause of injury and hospitalization for older adults and most can be prevented with simple home and lifestyle adjustments: remove tripping hazards, increase lighting and install grab bars where needed; get your vision and hearing checked; review medications with your doctor; and build balance, strength and flexibility with exercise. At the Village of East Harbor, we offer exercise classes for all fitness levels. Please check your calendar or ask me about classes.

On Monday, September 21, Jenny from our Physical Therapy Department will do a Fall Prevention Presentation at 1:15 in the Activity Room. Afterwards, join us for Tai Chi. Tai Chi is considered a moving meditation and is the ultimate exercise for body, mind and spirit. It's also a great exercise for improving balance and coordination.

Also, the instructor for the Parkinson's Dance is unavailable for the month of September, so in place of it, we will do a Dance Fitness class on the 10th and the 24th at 3:00 pm in the Activity Room. You do not have to have Parkinson's to participate. Please drop in and check it out.

Fitness classes are available to residents who have filled out the required paperwork.

Please feel free to call or email me for any fitness related questions:

586.716.7385 or cgorde@pvm.org

Harbor Inn Health and Wellness Center hours:

8am-5pm Monday-Friday

Those with a key fob and who have had an orientation may use it during off hours

Barnett Hall Fitness Center hours:

8am-8pm every day (including weekends)

Anyone wishing to use *either* of our Fitness Centers **MUST** have an orientation and updated paperwork on file.



SEPTEMBER
13-19
2026

HAPPY ASSISTED LIVING WEEK!

SHINING through the YEARS

Honoring the past. Celebrating today. Inspiring tomorrow.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPT 13 TH	SEPT 14 TH	SEPT 15 TH	SEPT 16 TH	SEPT 17 TH	SEPT 18 TH	SEPT 19 TH
Grandparents Day	Power Thru the Years Baseball Game	Wisdom Wall	Sunshine & Smiles Balloon V-ball	Rockin' thru yrs. Dress up in favorite Decade	Karaoke thru The decades	Old time Movie

The Village of East Harbor / Harbor Inn
RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, September 8th

Location: Activity Room

Time: 1:30pm

**ALL Residents are members of the Resident Association
and encouraged to attend.**

Join us for a *MEET & GREET* following the meeting.

**WELCOME HOME
NEW RESIDENTS**

We welcome these new residents to
our Village of East Harbor Family

Jean & Art Breederland—702 Harbor Inn

Jean Champion—116 Kirk

Ruth Moore—110 Kirk

Alma Wilbanks—113 Kirk

JUST A REMINDER...

Committee Meetings are open to ALL Residents!

Building & Grounds

**Tuesday, September 1
3:00 pm in Kirk Hall.**

Culinary Committee

**Wednesday, September 2
1:30 pm in Kirk Hall.**

Welcoming Committee

**All current and interested members will meet
Thursday, September 3
3 pm in Activity Room**

**SEPTEMBER
BIRTHDAY DINNER**

THURSDAY, SEPTEMBER 17

12:00 PM



MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE
FRONT DESK

\$17.00

**EVERYONE GETS A FREE Birth-
day meal in your birth month!
PLUS one guest at 1/2 off!**

Entertainment at 1:30pm



**RESIDENT
POTLUCK**

Sunday, September 20

4:00PM—HAPPY HOUR

**5:00PM—INVOCATION
FOLLOWED BY DINNER**

BRING A DISH TO PASS
SIGN UP IN THE ACTIVITY ROOM



Chesterfield Library
Book Mobile Visit
Wednesday,
September 2 & 16
9:30 am



CRAFT WITH PAM
Friday, September 4
1:30 pm
Activity Room
Please sign away



**TEDDY
 BEAR
 DAY**
 SEPTEMBER 9

Decorate a Teddy Bear
Wednesday, September 9
1:30pm



- Seminar
- Demonstration
- Refreshments

MONDAY, SEPTEMBER 21
1:15pm



ART with Linda
Tuesday, September 29
1:00 pm
Activities Room
Sign up in the book!



QUARTER BINGO **BRING YOUR QUARTERS!**



Friday, September 11
2:30 pm - Harbor Inn
Monday, September 28
6:00 pm - Activity Room

MICHIGAN VOTER INFORMATION **With Chesterfield Twp. Clerks office**



Thursday, September 10
1:30pm
Activity Room

Make sure you are registered to vote.

Secretary of State
Thursday, September 3
10:00 am-2:00 pm
Kirk Hall



Call Betsy to make an appointment



WOMEN'S COFFEE HOUR

Monday's-9:30am
Activity Room
Thursday's-9:00am
Harbor Inn

MEN'S COFFEE HOUR

Tuesday's-9:00am
Harbor Inn
Thursday's-10:00am
Activity Room

Grief Support Group

This group will help anyone in the community who is experiencing grief or loss, understand their feelings with support and coping strategies to help with their journey forward.

**WILL NOT MEET IN
SEPTEMBER**

Monday of the Month

4:00-5:00 PM

Kleeman Chapel

For more information contact:

Facilitator: Laura Stone, MSW 586-424-5674



Learn • Connect • Support

Parkinson's Disease Support group

Join us once a month for a compassionate, informative and interactive meeting. Receive the encouragement needed to live well with Parkinson's Disease. Caregivers are welcome.

**Second Monday of each month
3:00 pm – 4:30 pm Activity Room**

Alzheimer's

Caregiver Support Group

This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

**Fourth Wednesday of each Month
3:30 pm-4:30 pm
Kleeman Chapel**



**Tuesday, September 15 ~ 2:00pm
Harbor Inn Community Room
Bring your own tea cup!**

ENTERTAINMENT:

Suzi Marsh

Wednesday, September 2

1:30—Activity Room



GARY PILLOW

Wednesday, September 23

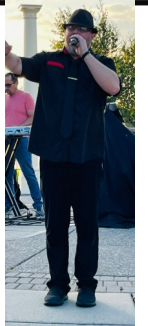
2:00pm—Activity Room

Jeff Cavataio

Monday, September 28

2:00pm

Activity Room



Paul Ritchie

Thursday, September 17

1:30pm—Activity Room

Bobby G

Friday, September 25

1:15 pm - Activity Room



MOVIN' & GROOVIN' TO THE OLDIES WITH MARIE

It's not an exercise class.

It's not a dance class.

It's open to all.

But you can dance

Or you can move

(whatever body part works)

Or you can sit and watch

Or you can sing

At the top of your lungs.

Friday, September 4 & 18

3:00 pm

Health & Wellness Center ~ Studio



LUAU 2026



EXCURSIONS

Thursday, September 3

IC Potluck

BINGO

11:00 am

Wednesday, September 9

Detroit Zoo

Senior Day

CANCELLED

Wednesday, September 9

Detroit Central Train Station

9:30 am

\$20.00

Money Due September 2

Mercury Bar-Lunch on your own

Wednesday, September 16

Historical Museum

9:00 am

\$15.00

Money Due September 2

Lunch on your own

Friday, September 18

Steak Out

VFW

5:00pm

\$20.00

Wednesday, September 30

MGM Casino

9:30am

On your own

Thursday, October 8

Chicago las Vegas

SOLD-OUT

3:30 pm

Dinner on your own

You MUST Sign up for all outings in the binder in the Activity Room or call Betsy 586-716-7143 or

HARBOR INN HAPPENINGS

Pegs & Jokers

Everyday 6:00pm

Community Room

QUARTER BINGO

Friday, September 11—2:30pm—Community Room

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursdays—2:00 pm—Community Room





9/4 Leonna Collins

9/4 Ronald Plesz

9/7 Marguerite Peacock

9/8 Mary Bittner

9/12 Beverly Graham

9/12 Ronald Sanford

9/16 Barbara Pearce

9/16 RuthAnn Kauffman

9/17 Carl Nowack

9/18 Irene Wagner

9/21 Catherine Wright

9/27 Joyce Anderson

9/27 Barbara David

9/29 Salvator Sposaro

9/30 Judith Miller



Directory

Accounting

Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL

Betsy Mianecki 716-7143

Beauty Salon

Appointments 716-7180

Chaplain

Laura Stone 586-424-5674

Dining Services Mgr.

Brandon Lewis 716-7419

Director of Nursing

Karolina Jones 716-7416

Driver

Bob Rosol 716-7142

Executive Director

Donald Tolliver 716-7410

Fitness Specialist

Chris Nahorodny 716-7385

Front Desk

Receptionist 725-6030

Harbor Inn-Admin. Asst.

Beth Humble 586-273-2440

Harbor Inn Manager

586-273-2559

Housekeeping / Laundry Mgr.

Michelle Willer 716-7418

Maintenance Work Request

Front Desk 725-6030

Maintenance

Emergencies After 11:00 pm 248-996-2470

Marketing Manager

716-7395

Outpatient Therapy

586-273-2457

Physical Therapy Mgr.

Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales

Jen Moreno 716-7427

716-7183

Resident Care Mgr.

Toni Greig 716-7426