The Village of East Harbor



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org September 201		
9 CRAIN'S Best-managed NONPROFIT	WELCOME BACK RESIDENT ASSOCIATION Meet your new elected Officials	
Presbyterian Villages of Michigan Featured Articles Administrator	Bob Morrill Bob Jones	
Chaplain Marketing Events Events Photos	Elaine Walton Walton Beverly Pack	
Directory	Tuesday, September 12 1:30 Chapel Reception to Follow-Activity Room	
3XE		
The Village of East Harbor Asenior Living community Managed by Presbyterian Villages of Michigan Look for PVM on:	FANILY IS FOREVER National Assisted Living Week® September 10–16, 2017 Tuesday: Chocolate Milkshake day-3:00pm-Activity Room Wednesday: Omelet Station– 7-10:30am-Dining Room Thursday: Family Feud– 3:00pm-Chapel	

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Fall is rapidly approaching . We are starting to see walls go up and renovations continue throughout the campus. Haven Hall's temporary walls have become a positive message board filled with staff appreciation notes from families, inspiration messages from staff, and friendly pictures. Perfect time to celebrate our Assisted Living Staff during Assisted Living appreciation week , Sept. 10-16th. Please take time to thank staff for their dedication and hard work. We wouldn't be who we are without their dedication, caring hearts, and healing hands.

The Library is slated to become part of the new Cameron Café. We will temporarily move books to the activity room where they can be checked out and borrowed and returned. Eventually

they will be moved to the media corner. In the mean time we have been holding book sales to reduce the inventory. The first renovated one bedroom Assisted Living apartments are tentatively scheduled to be completed, Mid-September. We plan on inviting everyone to come and take a sneak peek as soon as they are readied. Still waiting to hear when the fitness center will re-open. Renovations start on the Cameron Café formerly known as Golden Treasures, end of September. Can't wait to see what the new selection of made to order items will be. Wonderful new things to look forward to.

One new feature we are providing for our Assisted Living Residents is that we have added the daily menu schedule to their Channel 3 community news. Currently they get the daily Activity Calendar broadcasted and now we are broadcasting our daily menu as well. We hope to provide the Channel 3 news channel eventually to all the Independent Resident Apartments in the future.

Did you see the Motown Showdown in Detroit between the Tigers and Yankees? You could have because we had tickets and residents were at a historic game at Comerica Park. If you missed this trip don't forget to check the sign up book in the lobby where you can browse through all the upcoming fun outings.

The Holiday Bazaar this year is Nov. 10th and 11th. If you or someone you know wants to reserve a table call Betsy Mianecki. They are sure to sell out quickly. We are also sponsoring this year's Art on the Bay Sept. 2 and 3. Come up the New Baltimore Waterfront and stop by to say Hi. Check out all the local Artists and enjoy a cool drink by the Bay.

Please make sure to share your suggestions. You can call me directly, email, stop by, or write them down in the suggestion box. Our team evaluates your input and sometimes we can incorporate the ideas into our programming, process, and procedures, and sometimes we have to look at what will work best for everyone in the long run.

Carolyn Martin

From The Desk Of Chaplain Laura...

SEPTEMBER- FOCUS ON CHRISTIAN EDUCATION





British Methodist Hannah Ball, a native of High Wycombe in Buckinghamshire, England, was the first to initiate a Sunday school in 1769.

Christian homes are provided with an example of the necessity of Christian education in the institution of the Sunday school in local

churches. Most churches begin a new Sunday school year on the first Sunday in September which continues throughout the year on a quarterly basis. Christian homes should recognize the need to establish the discipline of Christian education, allowing the Sunday school in the local church to remind Christian homes of this important discipline.

Allow the beginning of this month to remind you of the need to develop Christian education in your heart and home throughout the year, and develop a plan for Christian education that enriches both the individual and family!

In September, we will be completing the Gospel of Mark and moving into the book of **Acts** (the Acts of the Apostles), which is a rich, in-depth study where we will engage in Spiritual and life-application discussion. Please come join us Mondays at 3pm in the Chapel!

<u>"A Call To Joy"</u> continues on Tuesdays at 3pm as we gather together to discuss and address issues of grief, anxiety, and regaining our joy.

Starting in September, I will have "Movie with Chaplain Laura", the last Sunday of the month at 1:30 pm, in the Activity Room. Snacks and beverages will be served. All are Welcome!

September's movie-"A Case For Christ" on Sunday, Sept 24, at 1:30pm.

MOVIE PLOT -- BASED ON REAL-LIFE OCCURANCES. In 1980, former atheist and award-winning investigative journalist Lee Strobel applies his journalistic skills to attempt to disprove his wife Leslie's newfound Christian faith, which causes problems within his marriage. After completing a thorough investigation for almost two years he finds the historical evidence for Jesus, and then finds a new faith in Christ.

In Hís Servíce,

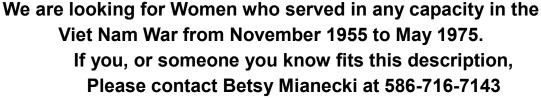
Chaplaín Laura Stone



Lately, we have had a number of residents and family members say the nicest things about our staff and other residents, and it just makes me so proud to work here! More importantly, it made me feel terrific and happy, and I encouraged those people to tell staff and each other how they feel – spread the good feelings. Everyone likes to feel appreciated, and the fact that families will go out of their way to express their gratefulness and happiness at seeing their loved ones cared for so well is wonderful, and I remind them that one way to let someone know that their kindness is noticed and appreciated is to use the "Service Excellence" forms to write down a few words and give it to the person who made an impression. Not only will it make them smile and feel like a million bucks, that person can drop it in the box for a drawing to win gift cards! As you probably know, staff is not allowed to accept gifts of any kind, but words of praise and appreciation go a long way and mean so much. Let's not forget kindness toward each other – fellow residents and staff! Service Excellence forms are available at the front desk, but smiles, hugs and encouraging words are all things you have within yourself to use to make someone's day.

Let's use them more!

We welcome these new residents to our Village of East Harbor Family: Alzheimer's Support Group Vera McDonald—100 Hosted by Colette Yager—405 Julie DeYonker—410





WE WANT YOU!

The Village of East Harbor Skilled Nursing and Rehab Health Care Center is happy to announce that we now are a preferred provider and can accept HAP insurance.

Please note this for future reference if you carry HAP insurance.

Meet Your Neighbor

By: Chuck Kisandi

Every now and then I meet a person who makes a difference in my life. At the Village of East Harbor I met such a man. Since my wife died I have become a loner. I accepted this lifestyle until I met this man and his wife. They gave me a gift that day, it was the gift of friendship and how to once again become a normal and caring person.



I'd like to introduce this man and his wife now, Bob Morrill and Carol Morrill. Bob was born March 10, 1936.

Bob you're not a native Michigander, where are you from?

Well Chuck I'm a native Cleveland, Ohio. I met Carol at Bowling Green University and we've been married for over 60 years. We have lived in Michigan for the last 50 years and it was here we raised our 4 children.

Bob I've heard that you and Carol were both educators. Can you give us a little background?

Sure Chuck, I worked for the Hazel Park School where I directed the Drivers Education Program. I was also the woodshed teacher, guidance counselor, teacher consultant, wrestling coach and Assistant Principle.

Before you move to East Harbor where did you live?

Well Chuck we moved to East Harbor after 40 years in Birmingham last September.

We were members of the First Presbyterian Church of Birmingham.

Carol the two of you have a very happy and busy life together, would you care to add something your especially proud of?

Yes is was the moment that Bob was as to serve asked President of the Resident Association. He was so surprised and deeply honored.

Bob what are your thoughts about this?

Chuck I just hope and pray I can live up to the standards of those who served before me. I hope my past experiences will help me solve issues that arise for the residents of East Harbor. Thank you Bob and Carol and best of luck in your new endeavor!

THE GREAT COURSES

In **Music and the Brain**, neuroscientist and Professor of Psychology Aniruddh Patel of Tufts University probes one of the mind's most profound mysteries. Covering the latest research findings—from the origins of music's emotional powers to the deficits involved in amusia, or the inability to hear music—these 18 enthralling half-hour lectures will make you think about music and your brain in a new way.



SATURDAYS, STARTING SEPTEMBER 9-3:15PM-ACTIVITY ROOM TUESDAYS, STARTING September 12-6:00PM-ACTIVITY ROOM This will run for 4.5 weeks, 2 x a week

MOVIE MUSICAL NIGHT

RETURNS ON SUNDAY SEPT. 10TH AT 6:30 in the Activity Room. Join us for a trip to the STATE FAIR by way of Rogers & Hammerstein's musical in this 1945 movie starring Jeanne Crain and Dana Andrews.



Anita Wood will guide you through the fundamentals of painting with acrylics in this 6 week course.

Tuesdays starting October 3, 1:00pm, Activity Room

\$50.00 (money due September 12)

Shop for supplies at Joann's on Tuesday, September 19

Please sign up in the lobby.

ANNUAL SPELLING BEE FRIDAY, OCTOBER 20 WE ARE LOOKING FOR SPELLERS AND READERS FOR THE ANNUAL SPELLING BEE. IF YOU WOULD LIKE TO PARTICIPATE PLEASE CONTACT BETSY-586-716-7143

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Kirk Hall.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Conference Room. (except in March)

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.



RESIDENT PICNIC











BELLE ISLE - DON'T BET ON IT

Column One

Column Two

Ghostly echoes of the past - - heed them well! As an island of magic casts its spell. Whispered yesterdays carried on the wind; God's gift of love do not let man rescind.

Tall, thick groves and marshland where wildlife abounds with a wilderness of beauty to gaze upon. Carpets of flowers covering the fertile grounds -The poetic Indians called her the "White Swan".

An infamous moment for Belle Isle came about from lies to Indians by the British. Chief Pontiac, avenger of shame was the inducer of war that was his wish.

Some Indians went to Belle Isle to kill the Fishers and haul their children away. Later French crossed before more blood could be spilled; Interring those the Indians did slay.

As picnickers frolic along the shore whispers set sail upon the wind once more. Harken - Eighteen Forty-five - July Four. Isabelle Cass remembered evermore.

Isabelle, daughter of Governor Cass, immortally with a touch of style. If but for a moment a name with class as society selected "Belle Isle".

Metamorphosis - transition of time. Indians' Swan - Societies' La Belle. Betwixt the bird and the lady came swine; Filled pig sties with their most fallacious smell!

An insufferable stench escapes a bog where squatters shacks are laced amid a stand of trees. The French pig farmers bestow the name of "Hog Island, its' fame carried upon the breeze.

In Eighteen Seventy-nine the island was purchased from the Campau family. Some Detroiters thought this was less than grand with all the problems they did foresee.

It was too inaccessible they thought. Also too far from the center of the City. They feared added cost after it was bought while changing a "Sow's ear" into something pretty.

When a genius was needed to change her features a landscaper named Olmsted came to the fore. Hogs no more, replaced by more desired creatures grazing the green carpet of the forest floor. The critics lost out and by the late Eighteen Eighties the renovations were underway. Ugly to beauty - there'd be no in-between. Yesterdays gone - - Tomorrow begins today.

By Nineteen-o-nine people were dancing and dining at the present casino. Young gentlemen were even then singing romantic songs that set the moon aglow.

It was the solitude of the island, all the while the now bustling city was teeming. It was young lovers under a blanket of clouds, sharing secrets with the stars while dreaming.

Along with the zoo, aquarium and the plant conservatory improvements never cease. The Detroit Yacht and Boat Clubs became residents accepting a long term "dollar-a-day" lease.

Many garden clubs planted their flowers. Meanwhile nearby "kill the umpire" was the shout. On a hot day in Nineteen Forty-one near the Scott Fountain a race riot broke out.

Amid the turmoil a deafening hush -Man's inhumanity can not be denied. A saddened friend took a step to the rear. Outer decay began as part of her died!

You could almost feel her tremble with pain, although any tears were kept out of sight. A dagger of bigotry pierced her soul but she would not succumb without a fight.

Soon industry and whites began to leave taking with them taxes as they took flight. The exodus to the suburbs left Belle Isle something it did not need - "Urban Blight"!

The Fifties was my era with La Belle. Stacy Adams and peg pants were the craze. Black leather jackets - roaring Harley Hogs -Half a jar of Brylcreem - swept back D.A.'s.

The Fifties were gang oriented. The media considered us punks. But sans our colors and on the beach we were just like other kids in trunks.

Many times we'd rent a canoe and head down a shady canal paddling like a fool. Bell-floppers off the old wooden dock -"Ah - yes - Mr. Truant Officer - I go to school"!

BELLE ISLE - DON'T BET ON IT

Column One

Column Two

A little boy had just caught his first fish. He was so excited he shook. He said thanks to those who helped grant this wish -"Thank you mom for baiting my hook"!

How many of us has fled the city? Sorting out our problems - making them clear. Alone in the woods we could fantasize -"Robin Hood and his merry band of deer"!

Belle Isle is playing softball - flying kites; It's wildlife with kids feeding ducks and geese. It is the rainbows end for young lovers. A fist fight here and there but mostly peace.

Scott Fountain

Canoeing

How do you carve up an old friend? One square inch would be too big of a slice. By "folding" would the Isle be "dealt" an end? Would her "point" be lost to a "roll of the dice".

Maybe Grosse Pointe wants you. Here you just don't fit. Belle Isle will not "gamble". You can't "bet" on it!

Ghostly echoes of the past - heed them well! As an Island of magic cats its spell. Whispered yesterdays carried on the wind. God's gift of love do not let man rescind!

Casino

Planetarium









During July of 1987 I lobbied for the Friends of Belle Isle and several other groups who opposed gambling on Belle Isle. I wrote this poem as a protest against gambling on the island. I had many supporting letters from Detroit's City Council and state officials as well.

Today Belle Isle is finally back to being one of the most beautiful parks in our nation. For a while Detroit ignored it and it was becoming an ugly slum. After our state took it over and made it a state park it once again became a treasure to all of the people in Michigan.

If you are looking for a spot to enjoy yourself go to Belle Isle. You won't be sorry. My memories of her will last a lifetime.



Wednesday, September 6 Detroit Zoo-Senior Day 8:00am Lobby Friday, September 8 Dollar Tree 3:00pm Lobby Monday, September 11 Women's Lunch Voyager 10:30am Lobby Wednesday, September 13 Walmart 9:30am Lobby Friday, September 15 Journey through the Straits 8:30 am Lobby Money for Lunch Wednesday, September 20 Tiger's Rainout Makeup Game 10:00am Lobby Tuesday, September 26 Eastern Market 8:30am Lobby Wednesday, September 27 Men's Lunch Catch 22 11:00am Lobby Friday, September 29 Meadowbrook

10:00am Free Lobby

UPCOMING EXCURSIONS *Coming in October...*

Mystery Trip Final Date To be Determined



Rosie the Rivetor Guiness Book World Record of Rosies Saturday, October 14 Ypsilanti

If you would like to participate please come to the meeting Friday, September 15, 3:30pm, Activity Room.

DO YOU ENJOY MUSIC?



Join us in the Chapel, Thursdays at 4:00pm to sing or just listen. sing for our own pleasure each Thursday at 4:00pm in the Chapel. No auditions required. If you enjoy singing, this is the

group for you. We are the HABORLIGHTS. We sing many kinds of songs and we share our joy of singing by leading sing-alongs in Health Care and Haven Hall six times a year. Come, sing with us!



Book Group

Do you Like to Read? Come join the group, all are welcome.

Wednesday, September 20, 3:30pm Activity Room



Directory

Accounting	
Tracy Tesch	716-7408
Activity Lead A/L & I/L	
Betsy Mianecki	716-7143
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
Denise Klimaszewski	716-7115
Beauty Salon	740 7400
Appointments	716-7180
Care Sync Case Manager	746 7000
Josie Villegas	716-7092
Chaplain Laura Stone	716-7438
Dining Services Mgr.	/ 10-/ 430
Brian Williams	716-7419
Director of Nursing	110-1413
Melissa Freiburger	716-7416
Driver	110-1410
Ann Marie Hart	716-7142
Fitness Specialist	
Chris Gorde	716-7385
Front Desk	
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Mary Breen	716-7418
Maintenance Work Orders.	
Front Desk	725-6030
Maintenance	
Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	
Sheri Stover	716-7021
Physical Therapy Mgr.	740 7000
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	716-7426
<i>Toni Greig</i> Sales & Leasing Mgr.	110-1420
Carolyn Martin	716-7221
Sales & Leasing Specialist	10-1221
Peggy Carroll	716-7397
Nancy Smiley	716-7183



- 9/1 Leon VanWassenhove
- 9/2 Herbert Walny
- 9/4 Norma Michaels
- 9/18 Elva Daniels
- 9/22 Ron Parish
- 9/27 Barbara David
- 9/28 Catherine Wright
- 9/28 Phyllis Chadwick
- 9/30 Geraldine Delor

Solar Eclipse 2017

