

🌞 Village Trumpet 🌞



Embrace the possibilities

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October 2019



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The Village of East Harbor

A SENIOR LIVING COMMUNITY





Look for PVM on:











FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I hope you take the opportunity to attend our Diversity and Inclusion week events. We will be celebrating our differences and acceptance of each other. As much as we are different in many ways we are the same. On Thursday at 1:20 pm please plan on attending our panel presentation. Arneza, head of our Diversity and Inclusion planning team has

arranged for a diverse group made up of staff and residents to share their personal experiences. There will be an opportunity to ask our panelist questions. You can also share your experiences as well.

Friday, we hope you will bring in your favorite family dessert to share. Maybe it is A Greek dessert, polish specialty, what ever it is we hope you will share it and tell us about it. There is more so be sure to check out the schedule.

Three Men and a tenor tickets are sold out for Thursday, October 24th. We added a second show so get your tickets before they are all gone. Chaplain Laura grew up with one of the members of the groups so we get the opportunity to host them here because of her friendship. This is a very high level professional show. They have opened for the Beachboys and more. Don't miss out.

If you took the time to nominate a staff member for Shining Star, thank you. It means a great deal to staff when you stop and recognize outstanding service. This year's staff will be honored by PVM on, October 18th.

We were saddened to loose Deacon Tony. He held Catholic Services on our campus for many years. He will be missed and fondly remember for sharing his time with us. God gained an Angel.

Thanks to the grounds crew committee who diligently worked with our Environmental Manager to coordinate installing speed bumps. Cement Work starts shortly on sidewalk repairs. Thank you to the committee and their commitment to keeping our residents safe. Thank you to all the members of our various committees for making a difference. If you would like to make your voice heard join a committee.

Please note if you opt out of being on the Robo call list by pressing the opt out option the date you remove yourself is recorded by the computer. If you wish to go back on the list call the front desk and ask for Denise Funke. There are times last minute information is shared.

Happy Fall!!

Carolyn

Celebrate National



Week

Sunday, September 29 11:00am Sunday Service

Join Chaplain Laura as she starts off National Diversity Week with a sermon on the Multitudes. All are Welcome!

Tuesday, October 1

Diversity t-shirts will be available for purchase in the Cameron Café. Meet at 1:30 and 4:30 for picture in main lobby

Wednesday, October 2 11:00am Activity Room.

Community Show & Tell. Residents and Staff talk about some of their prized possessions. Everyone is Welcome!

1:30pm Haven Hall Dining Room

A guided tour of Haven Hall shadow boxes. Resident's and their families tell stories of their loved one and the items in their shadow boxes.

Thursday, October 3

1:30pm Chapel

Diversity & inclusion panel discussing and sharing their differences; Arneza, Ola, Dylan, Latonya H., Chaplain Laura and Beverly P. followed by questions and answers. Refreshments

Friday, October 4 1:30pm Chapel

Discussion of challenges Lynn and Tina face with disabilities followed by desserts in the activity room

Everyone encouraged to bring desserts to share from your ethnic background.

Drop off dessert in Activity room by 1:00pm.





2nd SHOW ADDED

Coming to The Village of East Harbor

Friday, October 25

Dinner & Show

Doors open 5:30pm~Dinner 6:00pm~Show 7:00pm

\$25.00

Cash Bar

Call Chaplain Laura for more information: (586) 424-5674

"Four-time winners of "The Best Entertainment in Michigan" with over 3,000 performances together, including shows with Jay Leno, a national PBS-TV special, two performance tours of Germany to sing for the US Military Bases, and now, performing music that will move you, rock you and maybe even touch your heart...



Good-bye summer, Welcome Fall! While it feels like some summer days are still here, the calendar says it is fall. For many people, autumn is their favorite time of year. The weather is nice enough to enjoy the great outdoors but cool enough to bring out our best sweaters and favorite shawls.

Speaking of sweaters and shawls, The Village Stichers, is a new group coming to East Harbor on Saturdays between 10:45 AM to 1:30 PM in the Activity Room. The cost is FREE! Everyone is invited to come including non-Villager guests. If you need help with a project, would like to learn to knit or crochet or just to be together with others who like working with their hands this activity is for you. Coffee, tea and snacks will be provided.

It's a great time to invite friends in and introduce them to Village life. And remember, if a guest of yours moves in and mentions your name as the reason they choose East Harbor, you get a check for \$250!

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

Vincent Carlo—609

Albert Randall—101

Alzheimer's Support Group

Join us as you learn ways to help you deal with difficult behaviors, decrease stress, and assist with confident caregiving.

Hosted by Chaplain Laura
3rd Tuesday of every month
2:00pm
Chapel

JUST A REMINDER... Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of the month at 3:00pm in Marguerite's Restaurant.

Culinary Committee

Meets the 1st Wednesday of the month at 1:30pm in Marguerite's Restaurant.

Restaurant Committee—PLEASE NOTE:

This committee will not be meeting again till after the new year.

Communication Committee

Meets the 1st Wednesday of the month at 3:00pm in Marguerite's Restaurant.



From The Desk Of Chaplain Laura

OCTOBER



Tis the season for pumpkin spice..... EVERYTHING!!.

On a recent 90-something degree day, I went to a coffee shop to order a refreshing minty slushy drink. YUM!! At the counter, with coupon in hand, excitedly order my refreshing minty drink, and am told, "that was a summer drink, we are now serving fall flavors", and proceeded to rattle off a dozen varieties of pumpkin and/or spice drinks.

Disappointed, I took a chance at changing her mind by informing her that, in fact, that very day was the LAST day of summer, that fall has not yet arrived, hoping she could magically make one of these delicious frozen mint chocolate chip drinks magically appear. Sadly, it didn't happen, HOWEVER, since I was kind to her on such a miserably hot day, she concocted a minty drink from alternate ingredients.

"Kindness is a language which the deaf can hear and the blind can see." **Mark Twain**"Plant the good seeds of Righteousness and you will harvest a crop of love". **Hosea 10:12.**

The Bible is chock full of information, including how to make bread. So, for those who are ready for pumpkin spice bread, the recipe can be found in: **Ezekiel 4:9-14:** "Take wheat and barley, beans and lentils, millet and spelt; put them in a storage jar and use them to make bread for yourself."

BLESSING OF THE PETS. Bring your pet to a service especially for them on Monday, October 7 at 3:00 in our Chapel to be blessed by our Chaplain.

Three Men and a Tenor Dinner and Performance – Thursday, October 24 & 25 6:00 pm. Tickets still available for Friday, October 25.

In Hís Servíce, Chaplaín Laura Stone

The Village Stitchers Do you like to Knit? Crochet? Sew? Craft? We need YOU!

LOCATION: Activity Room

TIME: 10:45am-1:30pm

DAY: Saturdays

COST: FREE



Do you need help with a project?

Would you like to learn to knit or crochet?

Our Resident are here to learn together. All skill levels are welcome.

Borrow supplies. Free Instructions.

Coffee, Tea, & Snacks provided.

Fitness Center News.....

Join us for a stroll along our beautiful campus Tuesdays and Thursdays at 2:30 for our Walk Michigan! group. Add up all your minutes



walked throughout the week and move your pin on the map of Michigan located in the Activities Room.

Let's plan to walk to the World's Finest Custard on Thursday,

October 10th and enjoy a round of mini golf and a cone for just \$5!!

Other destinations to be announced

For questions regarding this event, current classes or ones you'd like offered, one on one training or the T.O.P.S. program contact

Chris Gorde, Fitness Specialist at (586) 716-7385 or cgorde@pvm.org

Resident Association Minutes-September 2019 Meeting

The meeting was called to order at 1:35 p.m. Bob Healy led the pledges to the American and Christian flags.

- The new attendee to the meeting was Chris Avila.
- The new officers were introduced: Janet Lickman, vice-president, and Pat Mikel, treasurer.
- Dorothy Dennis gave the inspirational message on growing old.
- Then Dorothy Dennis gave the names of the new residents:
 - ♦ July: Betty Gersch and Anna Gorse.
 - ♦ August: Sandra Fordt, Joyce Salame, and John Smilnak.
 - ♦ September: Bill and Sharon Creed, and Judith Keating.

Staff reports

Brian Williams - dining services

- We are switching to the fall menu.
- Restaurant menu: if we have suggestions, please express them.
- The Mexican special has been cancelled.

Laura Stone – chaplain

- Three Men and a Tenor is coming in October. Only 5 tickets are left. If we need any more, we will schedule another performance.
- Breakfast with the Chaplain will be at Dmitre's.
- We are scheduling holiday programs.
- She is also chaplain for the city of Chesterfield and the Chesterfield police.
- She told a story of having a "Peeping Tom" looking for purses and wallets in full view after her lighting by her garage went out. Police made him go away.

Chris Gorde – fitness

- An Alzeimer function will raise money. It is a 5.5 mile walk.
- Frozen custard event was postponed because of bad weather.
- Last month had a fund raiser called Walk Michigan. We had a face on a pin that could be moved along for distance walked.
- Popular classes are:
- Just Dance class
- Be Able class
- MWF Stretch and Flex
- Frank Gitre thanked her for Virtual Reality. People walked on a treadmill and played a game. An observation program 2x a week.
- "Water Works" an underwater treadmill was demonstrated. We hope to get one for the new facility.

Betsy Mianecki -

- This week is National Assisted Living Week, so we will have ice cream sundaes today after the meeting.
 - Friday we will have a coffee bar.
 - Next week is back to school.
 - ♦ Monday we will have a dance class.
 - ♦ Tuesday we have a telescope day.
 - ♦ Wednesday we will have author Alan Naldrett talk about Chesterfield history.

- ♦ Thursday we will have birthday entertainment Sisters Act Out.
- ♦ Friday we will have the Luau Dinner Dance with Chesterfield seniors. Tickets are \$10, and hopefully we will have ribs.
- This week on Thursday we go to Leader Dogs for a tour, then to lunch.
- Thursday, Sept. 16 is the Women's lunch at Bumper's in Harrison Township.
- Men are at same location.
 - We go to Port Huron, Sept. 30. The trolley ride is 10 cents.
 - Bunco and scrabble is once a month.
 - Thursday evening is bingo.
 - We also have dominoes.
- Elaine introduced Paul Miller and Yolanda Harris from PVM.
- Yolanda announced the annual gala November 8, 6 to 10. Tickets are \$300. There will be dancing and buses are available.
- Paul showed us a letter on charitable giving an annuity for \$2500 or more.
- A kind individual gifted hers for a chaplain. We can decide where we want money to go in PVM system.
- The tax deduction is 50% of the donation. We can take out smaller amounts for several years.
- We get a set amount in dividends every year. When we die the amount of the annuity goes to the Village.

Regular Meeting

A motion was made to accept the minutes from last June. Loretta Cordiss so moved, the motion was seconded and passed.

Pat Mikel read the treasurer's report. Frank Gitre moved to accept, the motion was seconded and passed.

- The balance in the Residents Assn. Account was \$3,121.88.
- The balance in the Petty Cash was \$613.98.

Joan Lehoczky thanked people for donating cookies. We made \$130.

Committee reports

- Frank Gitre buildings and management. The spring changeover is mostly done. Soon we will start the fall changeover.
- Jean Campbell communications. (She has new hearing aids.) We have a map of apartments and duplexes that Denise will update. It includes names and phone numbers.
- Sherrie Knudsen restaurant committee. We are looking for hostesses for Friday.

The suggestion box is in the activity room

Nancy Smiley is retiring. Elaine has a card to sign.

There was no old business.

There was no new business.

A motion to adjourn was made by Joan Lehoczky. It was seconded and passed.

Attendees: 45

Sugar Bowl collection: \$31.51

Respectfully submitted, your secretary,

Beverley Pack

DIVERSITY SHOW & TELL



WEDNESDAY, OCTOBER 2 11:00AM ACTIVITY ROOM



Bring 8 Quarters to Play

Thursday Evenings ~ 6:15pm Activity Room

Women's Lunch

Voyager Monday, October 9 11:00am - Lobby



Thursday, October 10 1:30pm

Activity Room



Detroit Institute of Arts
Impressionist Era Treasures



Thursday, October 10 9:00am-Lobby-Free

POTLUCK

Resident Pot Luck
Sunday, October 13
5:00pm
Activity Room
Please signup in the book!

Fall Art Class
Monday, October 14
1:30pm
Activity Room



I LOVE LUCY DAY!
TUESDAY, OCTOBER 15
1:30PM
ACTIVITY ROOM





BLAKE'S ORCHARD
SHOPPING & LUNCH
HARD CIDER & BEER TASTING
WEDNESDAY, OCTOBER16
11:00AM-LOBBY



Men's Lunch Voyager

Tuesday, October 22 11:00am Lobby

Salvation Army
Shop for your Halloween Costum
Wednesday, October 23
10:30am
Lobby

Dominoes—Mexican Train

Learn to Play! Thursday, October 24 1:30pm-Activity Room





PAINT A PUMPKIN Friday, October 25 2:30pm Activity Room





Monday, October 28 1:00pm Lobby

October EXCURSIONS.....

Wednesday, October 9

Women's Lunch
Voyager
\$\$\$ on your own
11:30am
Lobby

Thursday, October 10

DIA
Impressionist Exhibit
9:00am
Lobby
Free Museum entrance
Lunch on your own

Wednesday, October 16

Blake's Orchard
Shop & Lunch
11:00am
Lobby
Lunch \$\$\$ on your own

Tuesday, October 22

*Men's Lunch Voyager 11:00am*Lunch \$\$\$ on your own

Wednesday, October 23

Salvation Army 10:30am Lobby

Monday, October 28

Tillson St. Tour & Westview Orchard
\$\$\$ on your own
1:00pm
Lobby

UPCOMING EXCURSIONS....

Thursday, November 14

Michigan Opera Theater Sweeney Todd-Rehearsal \$24.00 Money due October 1

Thursday, December 12

Riverbank Theater It's a Wonderful Life \$28.00 Money due November 1

DON'T GET LEFT BEHIND!

You MUST sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

There must be 6 or more signed up or trips may be subject to cancellation.

The Village of East Harbor's
Resident Association
Cordially Invites you to join our

Annual Candlelight Dinner Sunday, December 8, 2019

Doors open: 4:30pm

Cocktails: 5:00pm

Dinner: 5:30pm

Reserve your seat-Front Desk

\$25.00

On sale October 4

Menu

Italian Wedding Soup
GrapeWalnut Salad

Beef Tenderloin with Zip Sauce

Skewered Jumbo Shrimp

Potatog Roses

Seasonal vegetables

Chocolate Truffle Layer Cake

Gíft Basket Raffle



The Village of East Harbor

Holiday Bazaar

Friday • Saturday, November 8 & 9 • 10am-4pm

No Admission Fee!

Over 50 Vendors!





The Village of East Harbor cordially invites you to our annual Holiday Bazaar!



Holiday decorations
Gourmet Chocolates
Wood Art
Unique Jewelry
Hand Knitted items

Hand Painted items
Wreaths
Organic oils
Cosmetics
Baked Goods

Specialty Soaps

Resident Association will have a table of baked goods, knitted items and crafts.

If you would like to help in any way, please sign up in the book.

We are looking for crafters.

Please call Betsy-716-7143

Judy & Ruby



Apparel







Art Classes





















SPACE







LUAU

































Directory

Accounting	716-7408
Tracy Tesch Activity Lead A/L & I/L	/10-/400
Betsy Mianecki	716-7143
Administrator	7 10-7 143
Carolyn Martin	716-7221
Admissions Specialist T.C.U	
Sue McCallum	716-7427
Assisted Living Nurse	
_Denise Klimaszewski	716-7115
Beauty Salon	740 7400
Appointments	716-7180
Care Sync Case Manager Josie Villegas	716-7092
Chaplain	110-1092
Laura Stone	716-7438
Dining Services Mgr.	
Brian Williams	716-7419
Director of Nursing	
Melissa Freiburger	716-7416
Driver	
Ann Marie Hart	716-7142
Environmental Serv. Adm. Ass	st. 716-7436
Shelby Jones Fitness Specialist	/10-/436
Chris Gorde	716-7385
Front Desk	7 10-7000
Receptionist	725-6030
Haven Hall Nurse	
Lynette Sanday	716-7384
Housekeeping / Laundry Mgr.	
Teri Lynn Taylor	716-7418
Maintenance Work Orders.	705 0000
Front Desk	725-6030
Maintenance Emergencies After 11:00pm	248-996-2470
HCC Activity/Volunteer Mgr.	240-990-2470
Sheri Stover	716-7021
Physical Therapy Mgr.	
Kim Frabotta, Agility Therapy	716-7398
Resident Care Mgr.	
Toni Greig	716-7426
Sales & Leasing Specialist	= 44 = 45=
Peggy Carroll	716-7397
Dylan Demo	716-7183



10/01 John David 10/01 George Manning 10/03 Vera Ernst 10/05 Carol Ouellette 10/05 Samuel Vicari 10/11 Albert Randall 10/13 Anne McCloskey 10/13 Bruce Smith 10/14 Delores Garner 10/15 Grace Buffa 10/17 Mabel Campbell **10/17 Clark Woonton** 10/18 Helen Rosnik 10/19 Joyce Carter 10/23 John Gregor 10/23 Marilyn Igel

10/28 Judith Keating